

Marong Primary School Newsletter

Volume 28 Issue 32, 20th October, 2023

	November		December
1st	Bendigo Cup Holiday	1st	Blast Cricket Competition, Malone Park
7th	Melbourne Cup	20th	Last Day of School– 1:30 Dismissal
13th/14th	Billabong Ranch Camp– Grade 2		
21st/28th	Prep Transition Program		
12th	Grade 6 Transition Day		

RESPECT

RESPONSIBILITY

HONESTY

From the Principal

Dear Parents and Care Givers,

Russell Jeffrey

Gym Program

Please note next week will be the final week of Gym program. If you have paid for this program please do so via QKR or at our office. The students have thoroughly enjoyed this program and I commend them all for their efforts and behaviour whilst at Gym. Well done.

Parent Information Night

Yesterday our Prep/1 staff provided an informative presentation for parents of 2024 Prep students. For anyone who was unable to attend please contact one of P/1 staff and they can provide you with follow up information. Chelsie, our OSHC coordinator attended the session and had prepared a display of second hand uniform that was sale. Please contact our office if you would like to purchase items that are still available. I also wish to thank Danielle Oliver who gave a presentation from a parents perspective about her families experience at Marong PS. I wish to thank Danielle for her contribution to the session. Lindsey White also provided information re our Well-being program here at Marong PS. Thank you to all who made the session a great success. Well done!

Melbourne Cup

I wish to advise that this year we will not be conducting a Melbourne Cup Hat Parade. The timing of this years cup, Tuesday November 7th clashes with our 2024 Prep Transition program.

Grade Prep/One

This week was a highlight in grades prep one as we were able to enjoy our end of year excursion fun day. We began the day by catching the bus to the Castlemaine botanical gardens where we were able to have a snack and play on the playground. It was such a glorious day weather wise, and the morning was the perfect temperature for a morning play. Then we made our way to the train station where we were able to board the old Maldon train and went for a ride in the historical carriages. After arrival we bussed to the park where we enjoyed a pizza lunch and a relax in the shade. Our last stop was the Maldon lolly shop, and we were able to indulge our sweet teeth and make some delicious choices. Our students were so happy and well behaved and we couldn't be prouder of their efforts. Marong Primary school can be proud of how it was represented though the prep/ones this week.





iCollage

Grade 2/3!

Grade 2/3 have been very active this week, taking part in Hockey, T-Ball, soccer and gymnastics. We have been focused on measurement, collecting and weighing items and making predictions with grams and kilograms. In writing we have been busily constructing persuasive pieces as well as researching planets to present posters to each other in the coming weeks. To compliment the Space Unit we have been planning our Solar System which we will construct in Art. In Health we looked at problem solving and what strategies to use when issues arise with friends. During the week we have also looked at the authors message, techniques and what keeps us engaged in our text, heavily analysing during our class reading time. Don't forget camp forms!



Grade 4/5/6!

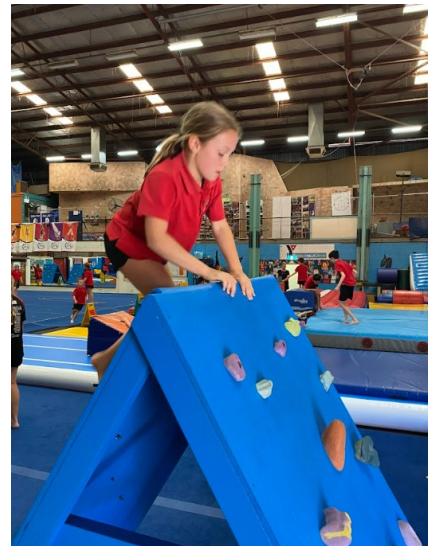
We've had another busy week in the 4/5/6's with plenty happening.

Literacy this week has seen us continue our work on summarising, this time however, we have been focusing on non-fiction texts and choosing important and key details on that subject.

The writing aim has been around editing and improving our writing samples. We have created a portfolio with devices we can incorporate such as similes, metaphors, alliteration, idioms and many more.

Numeracy has returned to fractions and decimals and the relationship between them. Key areas we have looked at this week have been equivalent fractions, simplifying and adding with like denominators.

Integrated has been investigating and identify how weathering patterns and erosion affect the Earth's Surface. More specifically, we are learning about the impact of biological weathering, temperature weather, acid rain and biological erosion.



We hope you all have a great weekend!



4/5/6 team



Prep/One Maddern

Archer H- I am so impressed with Archer's efforts this week at school. He has taken responsibility for his learning by focusing and working more independently in class. As a result, Archer has created some awesome writing pieces. Well done Arch!

Prep/One O

Willow F – Willow tries exceedingly hard whilst at school and is someone who respects all other people. She shares her kindness and has been trying a lot of new things recently. Willow was exceptional on our excursion and 'put her brave in front' when faced with a new challenge. Willow is a gracious, friendly student and I am proud of her learning.

Prep/One Mrs Cook & Jess

Harper T- Harper consistently demonstrates our school values each day. She has a fantastic work ethic in class and we are delighted with the effort she puts into her writing. She also works incredibly hard at home and this has resulted in her achieving over 200 nights of reading. Sensational work Harper!

2/3 Fry

Varli H- Varli has had an awesome week in our grade. Her sense of humour brightens up our grade and she loves to have a joke with others. Although she has a broken arm, she hasn't let this get in her way and she has participated in everything with enthusiasm. Well done for being a positive role model Varli, congratulations on being our student of the week!

2/3 Stacey

Jax S- Jax has been really focused and enthusiastic towards all tasks and subjects this week. He has worked extremely hard on his group persuasive writing piece, took on challenges in numeracy with addition and was very encouraging during P.E. and Gym. You are finishing the year off strong Jax, keep it up!

2/3 Maher

Chaz H- Chaz has been working really hard this week! He put lots of effort and detail into his persuasive writing and has produced a very convincing argument for the best super power. Amazing work Chaz!!

4/5/6 Johnstone

Ciara M- Well done on a fantastic first week. Ciara has transitioned into our school seamlessly and slot- ted in nicely to 4/5/6 J. Congratulations on a terrific first week.

4/5/6 Riordan

Kobi M- Kobi has been working incredibly hard during our writing sessions to improve his ability to creatively describe characters. His hard work is paying off as his narrative writing pieces are a joy to read.

4/5/6 Thorn & Williams

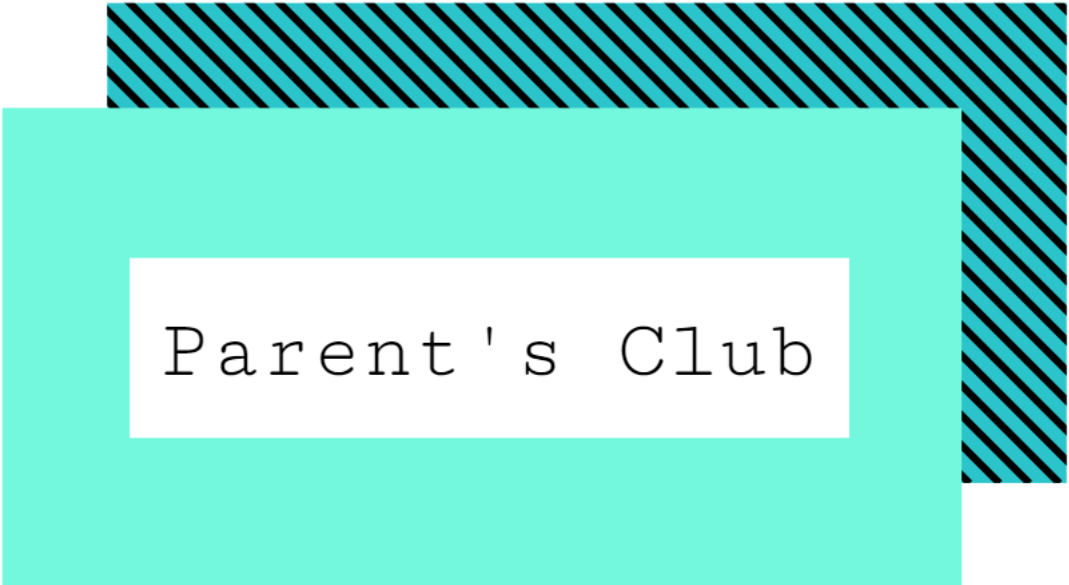
Harry M- Harry has been working really hard in all areas this week. We were particularly impressed with Harry's efforts to bump up his writing when describing characters and with his willingness to share his awesome ideas. Keep up the great work Harry!



Issue 7 was sent home last week. Orders can be completed online or dropped into the office by the 23rd of October. We thank all families who have purchased books this year as all purchases go towards points to buy books for the school library. We now have a great collection of Graphic novels, junior fiction and picture story.

Donations

If any families have books they no longer need and would like to donate them to the school, we have a donation box at the front office. Thank you for the donations we have already received, this allows us to have more access to books in the classrooms as well as being able to borrow from the library.



Parent 's Club

2024 Grade 6 Polo's

Parents Club will be set up in the PAC after school on both Monday 30th and Tues 31st October for the ordering of next years grade 6 shirts.

As always, Parents Club will be covering the cost so all grade 6's will get 1 x free shirt. Any additional shirts will need to be paid for at the time of ordering by a parent/guardian.

A parent/guardian is required to come along with their student to finalise purchase including nickname and quantity.

If you can't make it on either day, please let Parents Club know.

MANGOES MANGOES come and get your MANGOES

It's that mango time of year again! Fresh North Queensland mangoes delivered direct to us in December! Anyone who has got them before, know how good they are! Split a tray with friends, or keep them all to yourself!

Orders can be made from NOW on Qkr! and open for the next three weeks, closing at 11.59pm on Sunday 29 October 2023.

Due to crop failure similar to 2021, trays are again smaller this year, cost per 4.5kg tray is \$25. Delivery will be sometime early December, we will know more closer to the date and will let you know on the Parents Facebook page and in the newsletter.



Parenting And Managing Children's Screen Time

Are you a 'contract maker' or an 'access denier' with your child?

(The following article can be found at www.theconversation.com)

Screen time was a battle for parents before COVID and it continues to be a battle, long after lockdowns have ended.

The Royal Children's Hospital March 2021 child health poll found too much screen time was parents' number-one health concern about their kids, with more than 90% of surveyed parents saying it's a problem.

We are researchers in digital childhoods. Our new research identified four main ways parents try to deal with their children's use of screens. And all have their benefits and drawbacks.

Our research

For our latest study, we interviewed 140 parents in seven different countries – Australia, China, United Kingdom, United States, South Korea, Canada and Colombia – with children ranging from ages four to 11. Twenty interviewees were from Australia.

We wanted to find out how children's screen media routines changed during COVID and how parents dealt with this. Unsurprisingly, "screen time" came up a lot in our conversations with parents.

Underpinning this was parents' desire for more control of their children's everyday use of screen media and devices.

How do parents control their children's screen time?

1. Denying access

Many parents tried denying access to certain screen-related activities with varying degrees of success. They limited children's access to tablets, computers and phones, TVs and gaming consoles, disconnected them from WiFi when not required for school, or deleted certain apps.

This reduced children's time on screens, yet often at the expense of family relationships as screen time became a battleground.

Dana* used to block WiFi to the PlayStation at home until 2.30pm every day during the pandemic. It did help her son complete all his school work, but

[...] he was really disgruntled and you know, saying to his friend, 'it's not fair' or whatever.

Children also miss out on opportunities to learn critical digital literacy when simply denied access to certain types of screen activities. Not only do they miss out on learning how to identify credible online sources of information and services but they also miss out on parental support when faced with unknown situations.

2. Real-time monitoring

Other parents allowed access to screen media under supervision.

This took various forms, including requiring children to use screen media only in “public” home spaces, setting up password-controlled accounts for children using parents’ contact information, and using parental control apps or settings.

All these measures helped calm parental worries over children’s safety online and gave some sense of control about their use of screens during the pandemic. However, this required a lot more time and energy. As Joanne* said:

I couldn’t possibly just police it, it was too much [...] I just couldn’t be sitting there watching her do work. It would send me around the bend.

And while parents felt calmer, it didn’t mean they were successful. Children have a knack, believe it or not, of working around parental controls. So it may create a false sense of security.

3. Contract making

Parents in our study found making contracts with young children remarkably successful in the short-term. They set up verbal or written rules with their children about who, how, when and why different devices could be used.

Some families agreed on a “one for one rule” (for example, an hour of non-screen activity for every hour “on screens”), others allocated certain devices for certain activities at certain times of day (for example, gaming on a computer after school until dinner then only TV until the bedtime routine).

While effective in the beginning, parents experienced a slow creep away from the terms of agreement – as long-term habits were not being set up. The creep started with small “negotiations” and sometimes escalated to arguments. Kathy (a mother of two in Melbourne) told us her son “pushed the boundaries so much”.

And sometimes you were busy. And you didn’t notice that he pushed that boundary. So then it became quite a battle.

The solution? A screen-free day (or days) to reset the contract.

4. Teaching self-regulation and digital literacy

Self-regulation, as we saw in the study, involves children learning strategies to moderate how and how much they use screens.

While many parents did not start out with this approach, as lockdowns and the pandemic drew on, the demands of work and family life meant they ended up here – almost out of necessity. As Dana told us:

I kind of feel like the bar shifted massively in lockdown.

Teaching a child self-regulation and digital literacy is a long game, and requires patience and trust on the part of parents. With parental support, children learn to connect how they feel and behave with the type and duration of technology they just used. They also learn how to regulate feelings and behaviours by modifying their technology use.

Parents can offer simple strategies to help children self-regulate. These may be similar to the ones used when making a contract but here, the child is in control. For example, the child chooses to set a timer to remind them it's time to change activities. Or the child pre-plans their digital technology use, in conversation with a parent. The child's plans should include what they intend to do afterwards too – mealtimes can be used to support a calm transition from one activity to another.

If children come across something online they don't understand or don't like, they know they can ask their parents.

In the meantime, parents can teach children how to be safe online, largely by letting their kids see how they navigate the online world. One Melbourne mother Maree, involved her eight-year-old in everyday online tasks, such as shopping. This allowed her to talk about spotting scams, verifying seller information and comparing products.

What next?

No matter which approach you choose, it won't be a perfect one. It is likely you will find a combination of strategies most effective.

Perhaps the most useful question is not about how to stop "screen time", but how to find ways to talk with your children about using screens safely and in a way that is good for them – that helps their learning and leisure. In a world where screens are all around us, this is going to be an ongoing and constantly changing conversation.

A reminder that myself and or Ms White are available to provide confidential advice and access to support for you and your child. Please don't hesitate to contact the school to discuss how we might be able to best help you.

Marc Cowan

Chaplain & Student Wellbeing Officer

IMAGINE THE FUN



Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Marong Cricket Club

Starts on Thursday October 26, 4:00pm - 5:15pm
For ages 5-9yrs

Sign up via the QR code (right) or Marong CC Play HQ



SIGN UP TODAY!

Play Cricket

PROUDLY
PRESENTED BY



JUNIOR PATHWAY



From Woolworths Cricket Blast through the Junior Cricket stage, all kids can advance their skills and discover how awesome it is to be part of a team through fun game-based activities. The stages have been developed based on academic research, testing and community feedback.

This includes consideration for physical, mental and emotional development.

Participation and progression through the stage is based on ability level, therefore the ages are indicative only. Players are encouraged to participate at a stage appropriate for them.

	<ul style="list-style-type: none">SKILLS BASED FIRST CRICKET EXPERIENCELEARN THE SKILLS THROUGH FUN, MODIFIED GAMESPREPARE KIDS FOR JUNIOR CRICKET	<ul style="list-style-type: none">DURATION 60-90MINS	<p>LEARN THE SKILLS THROUGH GAMES</p> <p>UP TO 10 YEARS</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 1	<ul style="list-style-type: none">7 PLAYERS18M PITCH20 OVERS	<ul style="list-style-type: none">40M BOUNDARYDURATION 2HRS	<p>LEARN THROUGH PLAY</p> <p>UNDER 11</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 2	<ul style="list-style-type: none">9 PLAYERS18M PITCH30/20 OVERS	<ul style="list-style-type: none">45M BOUNDARYDURATION 2-3HRS	<p>PLAYING THE GAME</p> <p>UNDER 13</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 3	<ul style="list-style-type: none">11 PLAYERS20.1M PITCH20/40 OVERS	<ul style="list-style-type: none">50M BOUNDARYDURATION 2.5-4HRS	<p>PLAYING AND COMPETING</p> <p>UNDER 14-19</p> <p><i>Age is indicative only</i></p>



Play Cricket

PROUDLY
PRESENTED BY



BEING A DAD CAN BE TOUGH

WE ARE LOOKING
FOR DADS OF
YOUNG CHILDREN
(AGED 0-4) TO GET
INVOLVED IN A
PROJECT ABOUT
HOW TO BOOST
DADS HEALTH &
WELLBEING.



FOR MORE INFORMATION GO TO:
[WWW.MCRI.EDU.AU/RESEARCH/PROJECTS/
WORKING-OUT-DADS](http://WWW.MCRI.EDU.AU/RESEARCH/PROJECTS/WORKING-OUT-DADS)
OR SCAN THE QR CODE



PLAY FOR KICKS

Superkick is next level fun for 8 to 12 year olds who are new to footy, or want to continue to grow their skill levels.

EPSOM HUNTLY REC RESERVE

TUESDAYS 4:15PM FOR 5 WEEKS

COMMENCING 17TH OCTOBER



PLAY

Superkick





Benefitting the health and wellbeing of our Bendigo school children

School visits coming
in TERM 4

Proudly funded by:



@mckernsteelfoundation





JOIN THE FUN!

NAB AFL AUSKICK IN TERM 4!

Epsom Huntly Recreation Reserve

Tuesday's 4:15pm - 5:15pm for 4 weeks

Commencing 17th October

The perfect introduction to Auskick!

**REGISTER
NOW**





@MARONG TENNIS CLUB

HOLIDAY PROGRAM

**TUESDAY 26th SEP
9.00AM-12.00PM**



3HR SESSION - COST: \$44

PLEASE BRING A RACQUET, DRINK BOTTLE, FOOD & HAT.
* PROGRAM SUITABLE FOR HOTSHOTS STUDENTS (5-12YRS)
& YELLOW BALL (B-GRADE SUMMER COMP LEVEL)

MALONE PARK COURTS, MARONG

Tennis fun for Juniors of all standards!

TERM 4 - 2023

**8 WEEK JUNIOR COACHING PROGRAM
SATURDAY MORNINGS, FROM 9.00AM
STARTING 7TH OCTOBER
RED BALL: \$15/60MIN LESSON
ALL OTHERS: \$18/60MIN LESSON**



REGISTER
ONLINE:

gianttennis.com.au





Join us!

FOR SEASON 2023-24

MARONG CRICKET CLUB IS CALLING OUT FOR NEW PLAYERS AND RETURNING PLAYERS FOR JUNIOR AND SENIOR TEAMS

Junior teams

Woolies Blast (6-10 yo)

Under 11*

Under 12*

Under 14*

*Dependent on sufficient registrations

Senior teams

Division 1

Division 2

Division 3



Scan here to see

- Play HQ Registration
- Our socials
- Our club store

Senior training starts on
Wednesday August 16 from 6:00pm at
Major League - Kangaroo Flat

FOR MORE INFORMATION PLEASE CALL DAVID BLUNE - SENIOR COACH: 0447 373 969



MARONG BOWLS CLUB

Malone Park, Marong Vic 3551
marongbowls@gmail.com

Rod Wearne – 0418 558 105
Gary Place – 0428 630 977

LOCAL LEGENDS WANTED

Sick of having nothing to do on a Saturday?

Do you want to make friends and be a part of a team and a family community?

Check out our local bowls club, it's just down the road at Malone Park in Marong.

Were looking for new
members, give lawn bowls a
go! Come along and have some
fun!!



We're an up & coming club and proving ourselves by winning in several divisions over the last 3 years. It doesn't matter what age you are, it doesn't matter if you've never played before. We have a diverse community where you will fit in and be made to feel welcome and get all the help/training you need to become the next club legend!





2023/2024 JUNIOR SEASON REGISTRATION



CRICKET
AUSTRALIA

U11—U18



ALL GIRLS CRICKET



Master
Blasters

Junior
Blasters

All Inquires can be made via our JUNIOR COORDINATOR:

MICK SMITH 0427219940

Michael.smith2@education.vic.gov.au

Online Registrations visit: play.cricket.com.au and search Kangaroo Flat CC

New players welcome. All NEW
players receive a FREE playing
shirt and bucket hat.

MAJOR SPONSOR:

