

MPS WELLBEING NEWSLETTER



JUN
2026

TERM 2

This version of the Wellbeing Newsletter is focusing on **The Orange Door**. The Orange Door is the gateway to a variety of services which can help children, families and adults for a variety of reasons. It is **not** just for situations such as domestic violence or child protection matters (DFFH).

The Orange Door is a great starting point to express your challenges that you may be experiencing or you can ask for a 'secondary consult' where you can seek advice anonymously or on behalf of someone else.

The visual on the next page summarises the services that The Orange Door provides.

If your situation fits with their services, we encourage families to seek support from The Orange Door.

What has been happening?

RECONCILIATION WEEK/ SORRY DAY/MABO DAY

Over the last few weeks we have been acknowledging Reconciliation Week, National Sorry Day and Mabo Day. They all have their own message to share with our school community but all provide an opportunity to learn more about Indigenous history, culture and values.

EDUCATION WEEK

Education Week was about showcasing what we do best! Education! From School Tours, Information Night, showcasing student work and all of the curriculum areas we cover. Lots of wonderful things happen at Marong Primary School so we were proud to show the community what we do.

Other Services



NOTE TO SELF

YOU ARE DOING THE BEST YOU CAN

YOU ARE WORTHY AND LOVABLE

IT'S OK TO ASK FOR HELP

YOU ARE CAPABLE OF AMAZING THINGS

YOUR BOUNDARIES ARE IMPORTANT

YOUR FEELINGS ARE VALID

IT'S OK TO START OVER AND TRY AGAIN

YOU ARE ALLOWED TO SAY NO

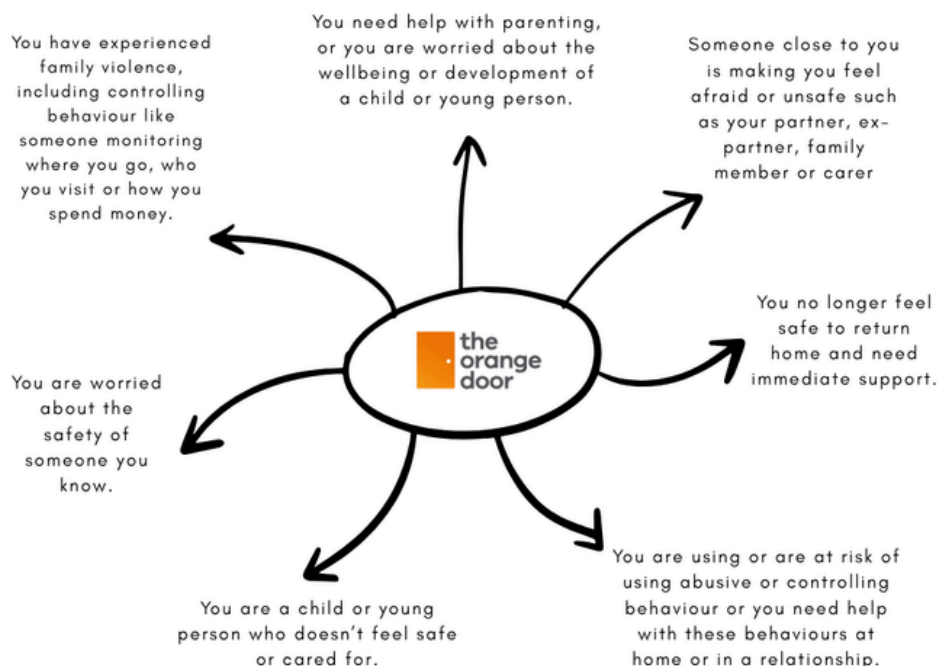
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Marong Primary School
Respect · Responsibility · Honesty

**JUN
2026**

BENDIGO CENTRE 57 VIEW ST BENDIGO VIC 3550
1800 512 359
LODDON@ORANGEDOOR.VIC.GOV.AU
[VIDEO](#)



How can The Orange Door help?

- Listen to you and hear what your worries are.
- Work with you to identify the help and support you need.
- Support you with the wellbeing and development of children and young people.
- Help you make a safety plan to keep you and your children safe if someone is making you feel unsafe.
- Connect you to services that can help with counselling, accommodation, family violence support, mental health and drug and alcohol services, parenting support groups, services for children, financial help, or legal assistance.
- Support you to access funding for basic living expenses and some other costs.
- Connect you with services if you want help to change your violent or controlling behaviour.



Marong Primary School

RESPECT RESPONSIBILITY HONESTY

All information has been collated July 2025 and subject to change or alter.

2026 Wellbeing Team

Mrs Lindsey White (Mental Health Wellbeing Leader)

Miss Moyra O'Donoghue (Wellbeing Support)

Chelsie Nickson (Wellbeing Support)

Mrs Melissa Patching (Disability Inclusion)

Miss Bridget Gallagher (Health & PE Teacher)

Marc (Chaplain)



Wellbeing Diary Dates

Term 3

- RU OK Day - September 10th