

Marong Primary School Newsletter

Volume 27 Issue 36, 17th November, 2022

	November		December
Tues 22nd	2023 Foundation Transition	Thurs 1st-2nd	Grade one excursion & sleepover
Wed 23-Fri 25th	Grade 3/4 Camp – Camp Kookaburra, Corop	Tues 6th	2023 Foundation Transition
Fri 25th	Book Club Due	Fri 9th	Prep Fun Day
Tues 29th	2023 Foundation Transition	Tues 13th	Step Up (9:am – 11:00am) 2023 Foundation Transition
Wed 30th	Colour Fun Run	Wed 14th	School Concert 1:30pm
		Thurs 15th	School Concert 1:30pm & 7:00pm

RESPECT

RESPONSIBILITY

HONESTY

From the Principal

Dear Parents/Caregivers,

Camp Refund

As the grade two Swan Hill camp has been cancelled I write to advise parents that a full refund is available. If you have paid for this camp please contact our office and advise us of your bank details so that Loretta can process refunds. Alternatively if you wish to have the funds held over as a credit towards activities in 2023 please let us know.

Grade 5/6 Camp

News from the camp is that everyone is having a great time. Mr Saddler indicated that on the first night some students took a while to settle down to sleep. This is typical of any school camp. However after a full day of activities yesterday, Miss Gallagher informs me that everyone slept extremely well last night. This morning after a hearty breakfast the campers were heading off on a hike to Venus Baths. After lunch they will have rotational activities such as bush cooking and archery. For the information of parents, please note that the anticipated arrival time back in Marong on **Friday will be 3.00pm.**

Grades 3/4 Camp

Next week on Wednesday Nov 23rd our grade 3/4 students will depart for Camp Kookaburra at Corop. David Johnstone is the teacher in charge of this camp. Parents of students who need medicine whilst on camp are asked to complete a medical notification form that clearly states the required dosage and times that this is to be administered. Medical items need to be handed to Rose Stewart on the day of departure. The items need to be in a ziplock bag or other suitable sealed container clearly labelled with the child's name.

From the Principal Cont'd...

School Bus Management System (SBMS)

I have been advised that the SBMS has been updated for 2023 travel offers and they are now live and ready to be accepted by families. This applies to current bus users. New applications from families are now being accepted for 2023. If you have any questions re our school bus and/or the 'Application to Travel' process please contact Russell Jeffrey.

Powercor Notification

Please note the information provided to us by Powercor.

Powercor will be conducting critical works to maintain the network in your area. To do this work safely for you, our crew and the community, a localised power outage will be required.

An outage to your electricity supply is planned between:

Start Time: 08:30AM 27/11/2022

End Time: 01:00PM 27/11/2022

This information is relevant to our school, if it is likely to impact on community homes I would expect that you will receive notification from Powercor.

Russell Jeffrey

Principal

Book Club

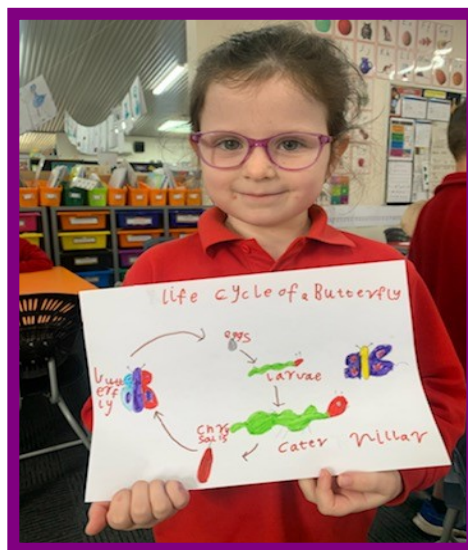
Can all payments and orders for Book Club please be completed by the 25th November.



Grade Prep

We have had another busy week in the Prep room!! This week our word was 'hair' with a focus on the 'air' trigraph. It's incredible to see how our students are using all their knowledge learnt during the Smart Spelling program when reading and writing independently. In Writing this week, our topic was around butterflies and caterpillars and the students had to use the writing skills that they have covered over the last three weeks to create some independent writing pieces. In Mathematics, we looked at measurement and revised length and height. We loved listening to the students use their mathematical language and share their findings and thoughts about this topic. The students also learnt about chance and probability using the snakes and ladders game and created a map and experimented with using locational language. We also thought it was time to send the bean plants home that the students have been caring for. We hope that they find a place within your homes and soon you enjoy eating fresh beans and parsley. Thanks for another wonderful week.

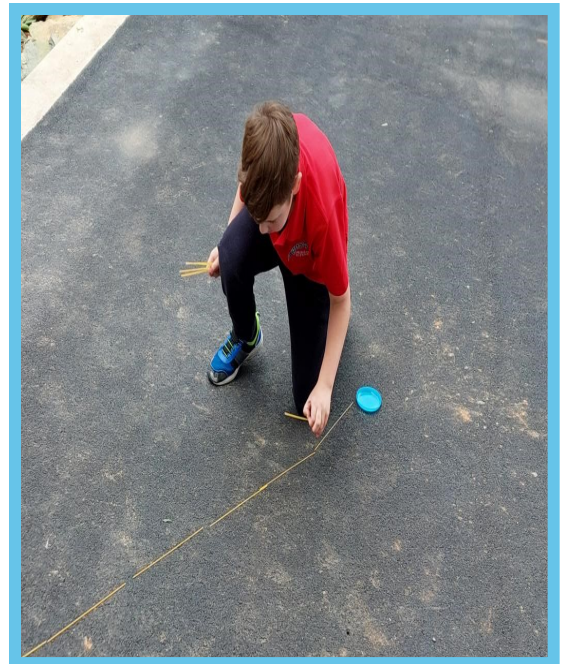
Mrs Cook, Jess & Kate



Grades One/Two

This week students have been looking at sustainability to help our Marong school and community. Looking at littering, pollution, plastics, composting, bin use, nude foods, reusable and recyclable products and how we can promote and encourage this across all grades. In maths we were experimenting with length, weight and capacity, measuring frisbee throws in spaghetti were one of their favourites. We continue our work on comprehension with our reading and finished off our animal project booklets and moving on to presentations using Canva, capped off with some concert practice. Well done all!

Miss O, Ms Whatley, Mr Stacey, Mrs White & Christine



Grades Three/Four

We had some new teachers in the grade 3/4 rooms this week. For maths this week, some of our students stood up and became peer teachers, teaching the box, lattice and bowtie methods for multiplication to a small group of students. It was great to see our different students take the lead each day and show off their skills, learning themselves in the process.

Our writing this week saw us design our own newspaper articles. We have learnt some key tech skills in the process, learning how to format word documents to add fonts, sizes, columns, pictures and headers.

Excitement is in the air this week as we gear up ready for camp next week. We have been making our final preparations and looking at all the fun activities that await us at camp. The bus will be leaving at 9 am next Wednesday 23rd November.

Mr Johnstone, Mrs Maher, Chelsie, Fraser and Rose



Grades Five/Six

Ms Gallagher, Mr Wardell, Mr Riordan, Jasmin and Abby.



Please Donate To My Charity Project For Homeless Women

Hi my name is Missy. I am doing a school project at school on homeless people. I am getting people to donate essentials . I am then giving them all to an organisation called Share the Dignity to pass out.

If you would like to donate please drop off to Marong Primary School (there is a tub at the front office). Below are the items they need donated. When you drop it off say this is for Missy's passion project.

PERIOD PRODUCTS, SHAMPOO,
CONDITIONER, TOOTHBRUSH,
TOOTHPASTE, DEODORANT (ROLL-
ON PREFERRED) & SOAP OR BODY
WASH, OPTIONAL: EXTRA SPECIAL
ITEMS FOR AN ADULT

You can either get all items listed above and put in a bag, or you can donate loose items as well.

For more information go to sharethedignity.com.au

Donations open until

November 27th

Outside School Hours Care



Breakfast Club

PLEASE NOTE:

**BREAKFAST CLUB WILL NOT BE OPEN WHILE 5/6 AND 3/4
STUDENTS ARE ON CAMP.**

Wellbeing



Helping children learn to self-regulate their emotions

The following articles have been obtained from Raising Children; who's focus is providing free, reliable, up-to-date and independent information to help families grow and thrive together. They are funded by the Australian Federal Government.

<https://raisingchildren.net.au/toddlers/behaviour/understanding-behaviour/self-regulation>

Part 5: Why planning ahead helps with behaviour management

Shopping trips, travelling in the car, taking phone calls, attending appointments, visiting friends – these are all situations when it can be challenging to meet children's needs as well as get things done. In situations like these, it's natural for children to behave in challenging ways that are also frustrating or overwhelming for their parents.

Our **6 steps to planning ahead** can help you to manage these challenging situations. These steps help you to think about what causes behaviour problems and what to do if they happen.

Guiding children's behaviour helps them learn the appropriate way to behave. It also helps children develop confidence, learn, make friends and become more independent.

1. Identify and assess challenging situations

Before you can plan ahead, you need to identify situations that are challenging for you and your child. These might be times when you feel stressed, frustrated or embarrassed by your child's behaviour.

To begin, **try to work out what's making the situation difficult**. Is it too many demands, time pressures or boredom? Or does the environment lead to difficult behaviour from your child – for example, check-outs with lollies at eye level?

It's worth thinking about whether you can avoid the situation or ask someone to help. For example, you could do your grocery shopping online instead of going to the shops, or you could ask someone to look after your child while you shop.

If you can't avoid the situation, or you think it might help if your child learns how to cope better in the situation, planning ahead might help.

You might like to read more about how you can encourage good behaviour by changing your child's environment.

Wellbeing Cont'd...

2. Make expectations clear

Talk with your child before you go into a challenging situation. Let them know what you expect and what behaviour is OK.

You can make expectations clear by setting some simple rules. For example, rules for a doctor's waiting room might be 'Talk quietly', 'Ask before you touch', 'Be gentle with the toys and magazines', and 'Play on the floor next to me'. Older children can be more involved in deciding on the rules. Your child is more likely to remember the rules if there aren't too many of them.

It's also good to agree in advance on **what happens when your child follows the rules and when your child breaks them**. For example, for the doctor's waiting room, you might say, 'If you stay close to me and ask before you touch, you can play with the toys or read the books. If you forget to stay close or touch without asking, you'll sit on the chair next to me for one minute'.

Check that your child understands what you expect. You can ask older children to explain the rules and the consequences to you. Do this again just before you enter the challenging situation – for example, just before you go through the door of the doctor's surgery.

3. Think of your child as a learner

Difficult behaviour can happen because a child doesn't have the skills to cope with a challenging situation. So it's worth thinking about how you can help your child learn the skills they need.

This starts with **working out what skills your child needs to learn**. For example, if problems happen during phone calls, your child might need to learn how to say 'Excuse me', wait for you to respond, accept your answer, and keep busy and quiet. You could explain and show your child what to do.

When your child is learning a new way to behave, it will help if they can **practise and succeed in easier situations**. Remember to praise your child when they get it right. Once your child is coping better, they can try harder situations. For example:

- * Shopping: plan a few short shopping trips for just a few items.
- * Visiting/visitors: arrange a series of short visits from/to a friend or relative.
- * Phone calls: arrange a series of short telephone calls with friends or family.

If you plan things around your child's routine, you can also make situations less challenging and better for your child's learning. For example, try to make appointments for directly after your toddler's nap or snack.

Some skills take time and practice, so it's good to have realistic expectations while your child is still learning.

4. Plan ways of helping your child keep busy and engaged

For **toddlers**, plan some activities that will keep them engaged in challenging situations. Have a 'going-out bag' ready, with a drink, a snack and a few small but interesting items – for example, paper and coloured pencils, blocks, pegs and books.

With your help, **preschoolers and school-age children** can plan interesting activities themselves, or you can get them involved in what you're doing. For example, while grocery shopping or queuing at the post office, you could do a word search, count things, or play 'I spy'.

You can have special activities just for car trips or telephone calls. These could be audiobooks, music, sticker books and games like car karaoke or alphabet search.

Wellbeing Cont'd...

5. Encourage good behaviour

During a challenging situation, look for and encourage behaviour you like. Take the time to stop what you're doing every now and then to let your child know when you like what they're doing.

Praise makes it more likely that your child will repeat the behaviour. Praise works best when you tell your child exactly what you like about the behaviour. You can also praise your child when you see them making an effort, even if they don't get it exactly right.

For example, during a shopping trip, you might praise your child for staying close, speaking in a quiet voice, and helping you find things. If the challenging situation is a telephone call, you might briefly stop talking to praise your child for playing quietly.

6. Have a follow-up talk

It can help to have a talk with your child after you've been in a challenging situation. During the talk, highlight things your child did well, and celebrate the progress you're making together.

After you praise your child for what they did well, you can also point out 1-2 things your child might do differently in future. These can become your goals for next time.



Prep - Phoebe R

Phoebe has made a huge effort this week to improve her work ethic and to demonstrate her leadership qualities. Phoebe has listened to instructions carefully and has been especially focused in our writing sessions. It has been fantastic to see you push yourself Phoebe, keep it up!

Grade One/Two Stacey - Oscar W

Oscar has had a very consistent week, leading by example with effort and behaviour in the classroom. He works well in teams, encourages others and shows enthusiasm and passion for all areas of school. What stood out this week was ideas for his sustainability project. Great week Oscar!

Grade One/Two Whatley/White - Gen R

Gen has been sensational this week! Actually, she is sensational all of the time! She is so dedicated to everything that she does at school. Gen really models our Kimochis kotowaza 'friendly faces, creates friendly places'. Well done Gen!

Grade One/Two O'D - Audrey L

Audrey has shown great interest and passion in our sustainability project this week, working well in her team to come up with some fantastic ideas such as promoting reusable coffee cups, worm farms and using the correct bins when out at lunch and recess. She has shown great initiative by taking these ideas and developing posters to put around the school. Well done Audrey!

Grade Three/Four M - Milla L

Milla has really stepped up as a leader in our classroom this week. She took the role of peer teacher in her stride and confidently helped her classmates with their multiplication skills. She has also put lots of effort into her passion project, making an interesting and engaging brochure and working hard on her puzzle. Keep up the stellar work Milla!

Grade Three/Four J - Lana M

Well done Lana on being our student of the week. Lana has had an excellent week and she has been displaying her leadership qualities. I challenged Lana to take on the task of teaching her peers during math and she showed she was extremely capable, she was patient, spoke clearly and modelled multiple examples! Super work Lana.

Grade Five/Six R - Finn N

For showing resilience and facing his fears whilst on camp. Finn has been amazing on camp, showing persistence when dealing with challenges. It has been great to see him happy and helpful again this week. Awesome job Finn!

Grade Five/Six G/W - Hudson S

Hudson has overcome his fears and given everything a go. He has been a little apprehensive at times, but has proved himself to be very brave, given it a crack and then been incredibly proud of himself as he has another go. This camp has been great for personal growth and overcoming fears, and Hudson has been the epitome of this. Love your work Huddy!

HELP/BORROWS/ DONATIONS NEEDED

As we gear up to the Colour
Exposion Run4Fun, we are
calling for the following, if
anyone can help out, it would
be awesome!

- Big round hay bales x 4
- Rectangle hay bales x 30
- Truck/car tyres x 8
- Blow up slide
- Old blankets
- Pine sleeper

The hay bales and tyres
would need to be delivered to
Malone Park on Wednesday
November 30 in the morning
(or can be arranged for the
night before if needed) and
picked up any time after
4pm. Any questions - please
reach out!

Thank you so much for continuously supporting our school,
especially through fundraising.

This term, we are hosting a Colour Explosion School Run4Fun to
raise money for some outdoor sports equipment to use on our new
facilities.

The big day is coming! We are so excited to host our Run on
Wednesday, November 30 from 1pm at Malone Park. Parents and
carers are invited to attend. On the day, make sure your child brings
a white shirt for the Fun Run. They will be covered in non-toxic,
gluten free, high quality colour powder, from head to toe!

Start fundraising today.

Visit www.plantadifference.com.au to create your child's cybersafe
fundraising profile for sharing with family and friends.

Cash donation booklets are available from the office.

We are Going Green! this year, we have again chosen to reduce our
impact on the environment and Go Green! Instead of the little prizes
you get, for every \$20 we raise, Carbon Neutral and the Great
Barrier Reef Foundation will plant one native tree/shrub or coral in
the Yarra Yarra Biodiversity Corridor or Great Barrier Reef.

All the fundraising still comes to our school, this is just in lieu of the
little prizes.

Please let your teacher know if you don't consent for your child to
participate.

We'll keep providing more details as we get closer, yell out if you
have any questions.





Tag-A-Long History Tour of East Shelbourne.

Sunday November 20th 2022

1pm start at East Shelbourne Recreation Reserve
Bendigo – Maryborough Road, East Shelbourne.

Tour - \$20.00 per vehicle.

Tour will start and finish at the East Shelbourne Recreation Reserve.

Join us in the old church hall after for a homemade afternoon tea (\$5.00/person). There will also be a historical photographic and book display.

We will be visiting historical sites, old school sites and old mining sites in and around Shelbourne. Each site will have a local person sharing the story of the site.

The tour will take approx. 2 1/2 hours in the car.

(Note: There will be approx. 20kms of good gravel road, rest 30kms bitumen)

All proceeds of the day will go to helping to preserve our Reserve and help to continue its present day story.

Further Information and to RSVP

Please contact Chris Johnson 0488 992 714.

Have your say on the proposed masterplan for Marong Kindergarten and Community Hub

This project will provide a proposed kindergarten and community hub in the centre of Marong.

Stage 1 99-place kindergarten and MCH/allied health rooms

Stage 2 Community hub (this is a long-term project)

Planning for both stages at once will help ensure we get the best community outcome for the site.

The masterplan shows how the proposed buildings will be located on the site (see over page).

WE WANT YOUR FEEDBACK!

You can find more information, view the plan and leave your comments on Let's Talk Greater Bendigo at www.letstalkgreaterbendigo.com.au or via the QR Code below by December 2, 2022.



CITY OF GREATER
BENDIGO

Community Christmas Festival



Bendigo
Garden
for the Future

DEC 3rd 4.30pm

Games & Food Trucks, Carols from 6pm