

# Marong Primary School Newsletter

Volume 30, Issue 29, 12th September, 2025

<https://www.marongps.vic.edu.au/>

	September		October
12th	School Review Day 2		
12th	Glasses for Kids Permission Notes Due		
15th	School Review Day 3		
15th	Divisional Athletics (selected students)		
19th	Term 3 Ends		

**RESPECT      RESPONSIBILITY      HONESTY**

## From the Principal

### Acknowledgement of Country

*On behalf of the staff and students of Marong Primary School, we would like to acknowledge the Dja Dja Wurrung as the Traditional Custodians of the land that we are on and pay our respects to their Elders past and present. We are grateful to learn, play, and grow, surrounded by the **plants, animals & waterways** that the Djaara people have watched over and cared for, over thousands of years.*

*Dear Parents and Guardians,*

### End of Term 3

**A reminder to parent and carers that next Friday 19<sup>th</sup> September is the last day of term 3. Students will be dismissed from school at 2:30pm. Term 4 will resume on Monday 6<sup>th</sup> October.**

### School Council

A reminder to school council members, our next meeting will be held on Wednesday 17<sup>th</sup> September.

## **R U OK? Day**

Yesterday was RUOK? Day which is Australia's National Day of Action encouraging people to have meaningful conversations with others who may be struggling with life's ups and downs. I would like to take this opportunity to acknowledge our wonderful staff who work tirelessly to support the wellbeing of our students. This is greatly assisted by the much-valued work by Mrs White (Mental Health/ Wellbeing Leader), Marc (Chaplain) and Ms Patching (Disability & Inclusion Leader).

A special shout out to Chelsie who continually seeks opportunities to make the lives of our staff and students a little brighter each day with her kindness and thoughtful little ways.

Thank you, Chelsie!

We would like to encourage our school community to reach out if you are needing support or if you know of someone needing support, please reach out to them and start that conversation.

## **School Review.**

Schools undertake a school review every 4 years to inform the directions of their 4-year School Strategic Plan (SSP). Our school is nearing the end of this process with our review panel set to conclude on Monday next week.

This week our panel has spent time visiting our classrooms, meeting with our teachers, education support staff, students and also met with parents. I would like to thank all involved for their important contribution in assisting the school to develop our next strategic plan.

## **The Parent / Caregiver / Guardian Opinion Survey – (repeat notice)**

Our school is conducting the annual Parent / Caregiver / Guardian Opinion Survey offered by the Department of Education and is seeking your feedback. The survey is optional, but we encourage and appreciate your participation. Your opinions are important to us and will allow our students to have the best possible outcomes. The survey will be open online until the Friday 19<sup>th</sup> September 2025. The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time on desktop computers, laptops, tablets or smartphones.

Please find the survey link and access pin via the Sentral parent app. If the survey link does not directly open in your app, you may have to copy the link into an internet browser for it to open.



On the last day of term, our school will be celebrating **footy colours day**. Yay! This is a fun day where everyone can wear the colours of their favourite sporting team. It's not just about footy -you can come dressed in the colours of any sporting club you support, in case you don't like footy.

By hosting footy colours day, we are also raising some money to help families who need a place to stay while their child is having cancer treatment. This means families can be together and battle cancer as a team.

The junior school council (JSC) will be running some exiting and fun movement – based activities for everyone to join in. these include:

- goal kicking competition
- longest kick
- handball target challenge
- dribble relay
- agility obstacle course
- marking contest

There will also be a Teachers vs. Grade 6 footy match at the end of the day, which is sure to be lots of fun! May the best team win!

By Audrey 4/5F



# Grade Prep & 1

This week in Sounds-Write, the Preps have been learning about the spelling <ck> for /k/. They have been building words such as, back, stuck, clock and snack.

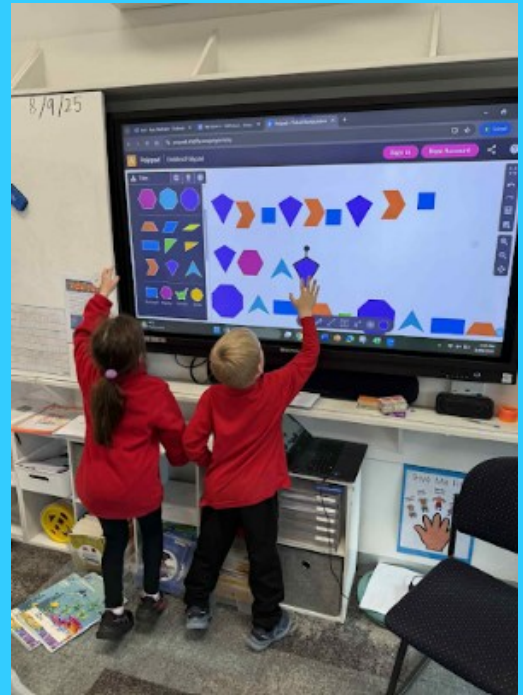
The Grade 1s have moved on to Unit 15, exploring the spelling <ou>, which can represent the sounds /ow/, /u/, and /oo/. Students have been experimenting with these new words in games, writing tasks, and oral activities to strengthen their understanding.

In Writing, we have been learning all about information reports. The students have been researching the appearance, habitat, and behaviours of cats and it has been wonderful to see the interesting facts they have discovered. They have worked hard to write these facts in their own words and we are so impressed with their efforts. We are now looking forward to creating our good copy posters to proudly display our learning!

In Maths, we have been revising our knowledge of patterns. The students explored AB and ABC patterns, creating and continuing their own sequences with colours, shapes, and objects. We also investigated number patterns through skip counting by 2s, 5s, and 10s, which was a fun way to connect patterns to our number work.

We are looking forward to finishing the term off strong next week and celebrating all the wonderful Term 3 achievements.

Mrs Cook, Jess, Miss Maddern, Mr Riordan, Miss Williams, Seb, Brandi, Christine and Jai.

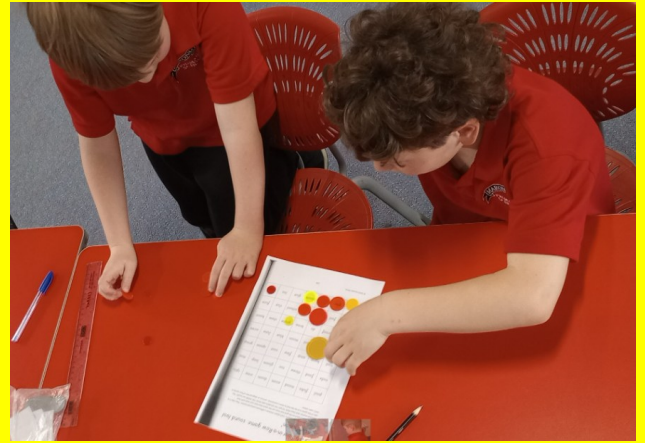




# Grade 2/3

## Literacy

In Literacy this week, students continued to make strong connections with our integrated topic as they explored information about rivers and waterfalls through text-level reading. During reading fluency sessions, they practised an extract titled A River Viewed from Above – Our Murray River. Last week's text, Off We Go Around Australia, was such a favourite that the class was eager to continue reading further sections of the story.



## Mathematics

In Mathematics, students applied the CUBES strategy to solve addition and subtraction word problems. They worked on identifying key words that signal which operation to use, then solved the problems using strategies such as bar models, number lines, and known facts. As a fun warm-up, the Alphabet Race proved very popular, especially for those who enjoy finding a clever strategy to win.

## Integrated Studies

Our integrated topic focus is the Murray River. Students have been learning to identify and explain the river's source, bed, banks, and mouth, as well as locate the Murray on an Australian map. They have also explored how the river supports farmers, discovered that it begins in the Australian Alps, and traced its journey all the way to its mouth in the Southern Ocean.



## **Grade 2/3 continued....**

### **BILLABONG RANCH SCHOOL CAMP**

Our upcoming camp at Billabong Ranch promises to be an exciting and memorable experience for our Grade 2 students. Over the two days, students will take part in hands-on activities such as horse grooming, farm walks, bouldering, and enjoying a campfire together. Camp is a wonderful opportunity for students to build independence, strengthen friendships, and develop new skills in a fun and supportive environment. We are really looking forward to sharing this adventure with them!

Please find an overview of the camp information below.

Who: Grade 2 students

What: Grade 2 camp

Where: Billabong Ranch

When: Thursday 23rd and Friday 24th of October

Cost: \$250 per student (\$40 deposit) via the OKR app





## Grade 6

This week for RUOK day we watched a video on how to fold a mailbox, and we can make kind letters to put in other boxes.



And in writing we started researching famous Australian landmarks like Uluru and the great barrier reef we will make a power point or a poster which we will present to the class. For maths we have been learning something new called BODMAS we learned what it means and how to use it. B for brackets O for order D for division M for multiplication A for addition S for subtraction. We use BODMAS in equations with multiple answers. In grammar we are learning more about the three tenses past, present, and future.



# STUDENT OF THE WEEK

## **Prep/1 Maddern**

Leah LB - Leah has grown so much this year and has been showing some awesome learning! Her confidence has really improved and she has been actively participating in class discussions as well as working independently at her table. I am very proud of you Leah. Keep up the amazing effort!

## **Prep/1 Cook & Jess**

## **Prep/1 Riordan**

Lacey M - For demonstrating our school values consistently this week. It has been great to see Lacey putting in her best self in the classroom this week. She has been working hard in the classroom, joining in on activities and producing some wonderful learning. Well done on a great week Lacey.

## **Prep/1 Williams**

Tanner B - Tanner could be Student of the Week every week! He's super kind and works really hard every day. This week, we loved his information report all about Cats—it was so interesting! Tanner always shows our school values, both in class and outside during playtime. Keep up the amazing work, Tanner!

## **2/3 Westcott**

Layla C - has shown great resilience by coming to school with a positive attitude, completing her work, helping others, and doing her jobs all with a broken wrist. Your effort and kindness have been amazing, Layla!



# STUDENT OF THE WEEK

## **2/3 Thorn & Gallagher**

Sam L - Sam is our student of the week this week. He has shown greater focus in all subject areas paying particular attention to his handwriting and has been rewarded with his pen license. Well done Sam!

## **2/3 Lamb**

Riley M - Riley has had an incredible week and has been a very supportive peer, especially during partnered reading. She is always one of the first students to offer help whenever it's needed and was recognised by Christine for her assistance in cleaning up the library. Riley has also shown great positivity and resilience in facing any challenges that come her way. Well done, Riley! We are very proud of you!

## **4/5 Johnstone**

Adeara S - For demonstrating a fabulous attitude towards her learning this week and being willing to take on challenges and feedback. Keep up the great work, Adeara!

## **4/5 Burton**

Alex S - Alex has really stepped up this week. He has approached his learning with enthusiasm and a positive attitude. I have been particularly impressed by his efforts in maths, where he has been working hard to solve challenging equations using BODMAS. Great stuff, Alex!

## **4/5 Fry**

Ellie W - Ellie has been a kind and caring friend who has supported others in our grade. She demonstrates positive leadership skills when working with others and is a great role model for her peers. I am proud of your efforts, Ellie!

## **6 O'Donoghue**

Louie HD - We are so proud of Louie this week and all the effort he has put into his learning. He has approached tasks with a positive attitude, not giving in when things got difficult. He has given everything a go this week and shown some great persistence. Great work Louie!!

# SCHOOL BREAKFAST CLUBS PROGRAM

## BREAKFAST CLUB



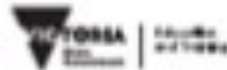
## ALL STUDENTS WELCOME

**DAYS:** Wednesday mornings

**TIME:** 8:20am-8:45am

**ROOM:** Big Deck

**EAT. LEARN. SUCCEED.**





**Marong Township**



**Day**

**Saturday, 13th September 2025**

Marong Neighbourhood House is organising another Marong Township Garage Sale Day.

How it works

If you would like to hold a garage sale at your own home from 8am until 2pm, please register by completing the form below with your address and contact details, and return it to the Marong Neighbourhood House at 39 High Street Marong (or pop it in the mail box) by **Wednesday 3rd September 2025**. Or use the QR code below to register online

There will also be a community trading site at the "TOFS" Op-Shop at 16 Cathcart Street Marong. If it is impractical for you to have a garage sale at your own home, the community site is available for you to use, but you will need to bring your own tables, etc. If you would like to hold your sale at the community site, please register using the form below.

All registered participants addresses and sale information will be put on the map that we hand out (for gold coin donation) at our Community site on the morning of the Marong Township Garage Sale Day. Additionally, an advertisement will be placed in the *Bendigo Advertiser* for the entire town at no cost to you.

For more information contact Janine on 0494 102 904, or drop into the Marong Neighbourhood House, 39 High Street Marong - 5435 2486.



I wish to hold a garage sale at *(please circle one)* **my own address** /at the community site on the 13th September.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I would like these items listed on the map for sale at my address:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signed \_\_\_\_\_

To register online

2025 Marong Township Garage  
Sale Day Registration







# MARONG PS OSHC WELCOMES NEW EDUCATOR ALANA

As with changes to staffing over the past week After The Bell Aus would like to welcome the new Program Leader to the Marong OSHC team.

We would like to welcome Alana Gough who will be commencing the new lead role from the 19<sup>th</sup> August 2025.


ABOUT ALANA-- I have been in the childcare industry for the past 11 years I have some experience in the OSHC industry. I have recently moved back to Bendigo after being away living in Melbourne for the past 5 years I have 5 children of my own and am very committed to what I do for a living helping children thrive and grow in their early years.

I look forward to meeting all the children and their families at Marong and building a great relationship with everyone.



## More Information :

 [bookings@afterthebell.com.au](mailto:bookings@afterthebell.com.au)

 1300 977 599

 [www.afterthebell.com.au](http://www.afterthebell.com.au)

Our exceptional staff brings the magic of childhood to life as they produce awe-inspiring experiences and lifelong memories for the children in their care.



# Wellbeing



## **Supporting pre-teens and teenagers manage anxiety.**

(The following article can be found at [www.raisingchildren.net.au](http://www.raisingchildren.net.au))

Anxiety is **the feeling of worry, apprehension or dread** that something bad is going to happen or that you can't cope with a situation. It's also the physical reactions that go with the feeling, like 'butterflies in the stomach', tension, shakiness, nausea and sweatiness. And it's behaviour like avoiding what's causing the anxiety or wanting a lot of reassurance.

Anxiety can happen in response to a specific situation or event, but it continues after the situation has passed. It can happen without a specific situation or event too.

Anxiety is a common and natural part of life. Everyone feels anxious sometimes.

Anxiety can look and feel similar to stress. Stress is a response to external challenges, pressures or events. When your child feels stressed, their heart rate might go up, their breathing might get faster and their muscles might tense up. When you understand the difference between anxiety and stress, it can help you work out what your child is feeling and how to help.

### **Anxiety in pre-teens and teenagers**

Anxiety is **very common in the pre-teen and teenage years**.

This is because adolescence is a time of emotional, physical and social change, which is happening at the same time as teenage brains are changing. Pre-teens and teenagers are seeking new experiences and more independence. It's natural for teenagers to feel anxious about these changes, opportunities and challenges.

For example, pre-teens and teenagers might feel anxious about starting secondary school, looking a particular way, fitting in with friends, starting their first job, performing in school plays or going to school formals. Also, as their independence increases, they might feel anxious about responsibilities, money and employment.

Anxiety in pre-teens and teenagers **isn't always a bad thing**. Feeling anxious can help to keep teenagers safe by getting them to think about the situation they're in. It can also motivate them to do their best. And it can help them get ready for challenging situations like public speaking or sporting events.

## **Helping pre-teens and teenagers manage anxious feelings**

Learning to manage anxiety is an important life skill, which you can help your child learn. Here are ideas.

### **Encourage your child to talk about anxieties**

Just talking about the things that make them anxious can reduce the amount of anxiety your child feels. Talking and listening also helps you understand what's going on for your child. And when you understand, you're better able to help your child manage anxieties or find solutions to problems.

### **Acknowledge your child's feelings**

Your child's anxiety is real, even if the thing they feel anxious about is unlikely to happen. This means it's important to acknowledge your child's anxiety and tell them you're confident they can handle it. This is better than telling them not to worry, because telling a child not to worry sends the message that worry isn't a valid feeling. For example, your child might be anxious about passing an exam. Let them know you understand how they feel, but you're sure they'll do their best and that's the most important thing.

When you acknowledge your child's feelings with warmth and compassion, it helps your child to use self-compassion in challenging situations too.

### **Encourage brave behaviour**

This involves gently encouraging your child to set small goals for things they feel anxious about. Just avoid pushing your child to face situations they don't feel ready to face. For example, your child might be anxious about performing in front of others. As a first step, you could suggest your child practises their lines in front of the family.

You can also help your child by encouraging them to use:

positive self-talk – for example, 'I can handle this. I've been in situations like this before'

self-compassion – for example, 'It's OK if I do this differently from other people. This way works for me'

assertiveness – for example, 'I need some help with this project'.

It's also good to praise your child for doing something they feel anxious about, no matter how small it is.

Try to be a good role model for your child in the way that you manage your own anxiety. You could remind your child that it's natural to feel anxious sometimes. You could tell them about the things that you feel anxious about now or that made you feel anxious when you were younger. It's also good to talk about how you cope with anxiety.

### **Helping pre-teens and teenagers feel safe and secure**

When pre-teens and teenagers feel safe and secure, they're better able to cope with the everyday challenges and anxiety of adolescence. You can help your child feel safe and secure by:

- spending time with your child – for example, preparing dinner, going for a walk or watching a movie together

- having a family routine that includes time for some family meals, plus other family rituals

- making time in your family routine for things that your child finds relaxing, like listening to music, reading books or going for walks

- spending time with people your child likes, trusts and feels comfortable around.

### **Encouraging pre-teens and teenagers to make healthy choices**

Healthy lifestyle choices can often help pre-teens and teenagers handle anxiety. For example, going for a walk instead of sitting at home worrying can help to clear your child's mind.

Here are some healthy choices that can help your child with everyday anxiety:

- Get plenty of physical activity, pre-teen sleep or teenage sleep, and healthy food and drink.

- Avoid caffeine, alcohol and other drugs.

- Avoid unnecessary stress by not putting things off or being late.

- Do breathing exercises, muscle relaxation exercises or mindfulness exercises.

### **When to be concerned about anxiety**

If you're concerned about your child's anxiety, it's a good idea to seek professional help.

You might consider seeing your GP or another health professional if your child:

- constantly feels nervous, anxious or on edge, or can't stop or control worrying
- has anxious feelings that go on for weeks, months or even longer
- has anxious feelings that interfere with their schoolwork, socialising and everyday activities.

When anxiety is severe and long lasting, it might be an anxiety disorder. Anxiety disorders usually respond very well to professional treatment. And the earlier anxiety disorders are

treated, the less likely they are to affect young people's mental health and development in the long term.

### **Professional help for anxiety**

You can get professional help for your child's anxiety from:

a psychologist or counsellor with training in child and adolescent mental health

a GP

your local community health centre

local mental health services.

If you don't know where to go, your GP can guide you to the most appropriate services for your family.

Your child might not want to talk with you about how they're feeling. Your child might even say there's nothing wrong or mask their feelings by behaving aggressively or withdrawing. If so, you could suggest a confidential telephone counselling service for young people, like Kids Helpline for teens – 1800 551 800. Your child could also go to Kids Helpline, Beyond Blue or Headspace.





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skill for  
life!**

# **achieve swimming CONFIDENCE**

**No Enrolment Fee**

**Promo Code: GURRISCHOOLS**

**GOSWIM / SWIMAUSS**

**Gurri  
Wanyarra**  
WELLBEING  
CENTRE

# LA TROBE SPORT HOLIDAY CAMPS

LA TROBE SPORTS CAMPS (AGES 6+)

MULTI-DAY PACKAGES AVAILABLE! REGISTER  
FOR THE SPRING SCHOOL HOLIDAYS TODAY!







# *Calling all coaches*

**KFJC are seeking expressions of interest for all coaching positions for the 2026 BJFL season**

*(Head Coach, Co-Coaches & Assistant Coaches)*

*in the following age groups:*



- UNDER 9 MIXED
- UNDER 10 MIXED
- UNDER 12 GIRLS
- UNDER 12 MIXED
- UNDER 14 BOYS
- UNDER 15 GIRLS
- UNDER 16 BOYS

Expressions of interest close 30th September 2025

*Register your interest  
via the qr code or our email address*

***GO ROOS!***

Email: [kangarooflatjfc@hotmail.com.au](mailto:kangarooflatjfc@hotmail.com.au)

Dower Park - 1A Station Street, Kangaroo Flat VIC 3555



# KELLY SPORTS

## SUMMER FUTSAL

2025/2026 COMPETITION

### PROGRAM INFORMATION

Prepare to ignite your passion for Futsal in the Bendigo Summer Futsal Competition.

Our venues come alive with, action-packed matches, showcasing the talents of young athletes on the court!

Come along, soak up the atmosphere, and cheer on your champions from the stands!

• **WEEKLY  
MATCHES**

• **REGISTER  
INDIVIDUALLY**

• **REGISTER AS  
A TEAM**

### SUMMER SEASON DETAILS

**DAY:** Wednesday **TIME:** 4pm - onwards

**AGE GROUPS:** Under 6/8/10/12

**DATES:** Oct 8 - Dec 17 & Feb 4 - Mar 11

**SEASON COST:** \$315

**VENUES:**

Mercy Junortoun Sporting Precinct  
Victory Christian College  
La Trobe University  
St Francis of the Fields PS - Strathfieldsaye  
St Liborius PS - Eaglehawk  
Catherine McAuley College - Barkly Street

**DAY:** Thursday **TIME:** 4:30pm - onwards

**AGE GROUPS:** Under 14/16/18

**DATES:** Oct 9 - Dec 18 & Feb 5 - Mar 12

**SEASON COST:** \$315

**VENUES:**

Mercy Junortoun Sporting Precinct  
Catherine McAuley College - Barkly Street

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# KELLY SPORTS



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[www.kellysports.com.au/bendigo](http://www.kellysports.com.au/bendigo)





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**Promo Code: GURRISCHOOLS**





MONDAY 22ND SEPTEMBER	TUESDAY 23RD SEPTEMBER (INC)	WEDNESDAY 24TH SEPTEMBER (EX)	THURSDAY 25TH SEPTEMBER	FRIDAY 26TH SEPTEMBER
Wheely Fun	The Cat In The Hat Adventure	Lights, Camera, Action	Kids Paint & Sip	Public Holiday
Come along and bring your bike, scooter, rollerblades, or skateboard. Test your skills out on our Wheely Fun Day obstacle course.  <i>Note: Helmets and safety protective gear must be always worn. No sharing of equipment will be permitted.</i>	This classic children's book turns a rainy day into a chaotic adventure! You can be part of this mischievous day with an ultimate The Cat in The Hat incursion. Where it will bring jolly laughter, with mischievous games and activities. By the end of this incursion, the big question remains— should you tell your parents what happened today Incursion between- 1pm till 3.30pm	Come and watch the holiday movie 'The Bad Guys 2' movie with popcorn in one hand, a drink in the other, and a small bag of treats on the side. The rest of the day will be filled with activities and games that the Educators have in store. Arrive at the program by – 8.30am Back at the program – 2.30pm *The arrival time may vary pending movie commencement time.	Let your creative mind come alive today as you create a painting masterpiece all whilst sipping on a yummy spring drink and nibbles.  Come and unleash the artist in you!	

[www.afterthebell.com.au](http://www.afterthebell.com.au)

Bookings to be placed through your KidSoft account

## Marong September Vacation Care Program 2025

MONDAY 29TH SEPTEMBER	TUESDAY 30TH SEPTEMBER (EX)	WEDNESDAY 1ST OCTOBER	THURSDAY 2ND OCTOBER (INC)	FRIDAY 3RD OCTOBER
Colour Mixing Lab	Active Zone	Willy Wonka's Cooking Factory	Super Squad Day	Spooky Kooky Day
We all love to be creative, full of colour and happiness! Today will be filled with so many creative materials for you to choose from.  Come and be a 'colouroligist' today and experiment with colours at our colour lab.	Come feel more empowered and confident as we head to an outdoor play adventure park at Parky's Play. Where you can jump, climb, tumble and play with friends.  The rest of the day will be filled with different sports and craft activities to unwind after an energising day. Arrive at the program by – 9.00am Back at the program – 3.00pm *Socks to be worn today	Have you ever wished to be in the Willy Wonka movie? Well today is your chance to experience the ultimate in Willy Wonka fun. The day will start by guessing how many lollies are in the Wonka jar, then try and find Violet's missing bubble gum, making pancakes for morning tea and cooking up a yummy lunch. End the day by watching the Willy Wonka movie with a yummy afternoon tea.	Have you ever wanted to Lasso like Wonder Woman? Move like Spiderman? or defend the planet? Take one big adventurous leap as you discover your inner superhero in this action packed fun physical incursion.  Play superhero games, discover your superhero name, learn super-circus skills, complete the circuit of superhero thrills and spills, and become the world's newest superhero. Incursion between – 1pm till 3pm	Vampire milk shakes, witchy ice cream cones, make a Halloween lantern, have a go at the piñata, plenty of spooky crafts, games and cooking for all.  Come dressed in your favourite SPOOKY costume, prizes will be awarded for the best dressed and spooky dance moves.

### What To Pack & Bring

- Healthy morning tea & lunch
- Refillable water bottle
- SunSmart hat
- No foods containing nuts
- No food- lollies, soft drink, high sugar foods
- No foods that require refrigeration
- No foods that require heating or re-heating
- Closed toes shoes
- Appropriate weather clothing

### Costs & Booking Information

#### Daily cost ranges per day/ child-

In-house- \$80 -- \$90  
Incursion- \$90 -- \$95  
Excursion- \$100 -- \$110

\*prices are reduced with eligible Child Care Subsidy

Excursion= Incursion= Lunch= Provided

**Note:** Days will operate where 15 or more bookings. The account holder will be notified via email by the 10th September 2025 on the operational status days.

\*Bookings to be made via Kidsoft

### Program Information

**Address:**  
2 Leslie Street, Marong

**Room Location:**  
Beehive Building

**Program Number:**  
0428 247 072

**Program Hours:**  
7.30am till 5.30pm

**Head Office Contact**  
1300 977 599





# MS Readathon

I hope to raise \$ 500  
to support families living with MS  
and neurological conditions.



**SCAN TO DONATE**

OR visit [www.msreadathon.org.au](http://www.msreadathon.org.au)  
and search SPENCER





MEMBERSHIPS

# KIDS GO FREE

ALL KIDS AGED 14 & UNDER #SPIRITTAKESFLIGHT





SASS care are now accepting referrals for September/October 2025 school holiday program. We are focused on delivering inclusive, diverse experiences for participants aged 5yrs - 16yrs to work towards achieving their NDIS goals.



# SASScare SPRING

## school holiday program



Mon 22<sup>nd</sup> Sept - Fri 3<sup>rd</sup> Oct  
9:00am - 3:00pm  
Monday - Friday

Ironstone Hill Farm  
189 Watson St,  
Jackass Flat 3550

Contact Trin for all enquiries on 0481 142 432 or send referrals via email to [trin.miller@sasscare.com.au](mailto:trin.miller@sasscare.com.au)

# AFL GRAND FINAL WEEK SCHOOL HOLIDAY PROGRAMS

Celebrate the lead up to the  
AFL Grand Final with us!



PLAY

## BENDIGO - MIXED

DATE	TIME	LOCATION	REGISTER
TUESDAY 23 <sup>RD</sup> SEPTEMBER	9AM-3PM	STRATHFIELDSAYE RECREATION RESERVE, TANNERY LANE	

## BENDIGO - ALL GIRLS

DATE	TIME	LOCATION	REGISTER
TUESDAY 30 <sup>TH</sup> SEPTEMBER	9AM-3PM	WEEROONA OVAL, BENDIGO	

### WHAT TO EXPECT:

- Auskick (ages 4-7) - learning AFL skills through fun activities
- Superkick (aged 8-12) - put your AFL skills into practice with modified match play
- Dancing, AFL trivia, competitions and FUN!
- \$55 per person which includes a football

# fresh fruit friday



Celebrating  
10 years

Delivering  
1,000kg of free  
fruit to Bendigo  
school children  
every week

mckern steel<sup>™</sup>  
foundation



@mckernsteelfoundation

Made possible thanks to our Foundation Partners

