# Marong Primary School Newsletter

Volume 27 Issue 38, 2nd December, 2022

	December		December Cont'd
Thurs 1st- 2nd	Grade one excursion & sleepover	Mon 19th	Grade Six Graduation Night
Fri 2nd	Milo Cricket Gr 5/6	Tues 20th	Last Day of Term Four
Tues 6th	2023 Foundation Transition	12:45pm	End of Year Assembly & Curriculum Award Presentations
Fri 9th	Prep Fun Day	1:30pm	Dismissal
Mon 12th	Whole School Activity Program	1:30 - 4pm	Outside School Hours Care
Tues 13th	Statewide Transition		
Wed 14th	School Concert 1:30pm & 7:00pm		
Thurs 15th	School Concert 1:30pm		

#### RESPECT RESPONSIBILITY HONESTY

# From the Principal

Dear Parents/Caregivers, Dear Parents/Caregivers,

It's hard to believe that there is only thirteen more school days remaining in the 2022 school year. Despite the lack of days, there is still plenty of things taking place at school as we approach the end of the year. Teachers are currently preparing end of year reports for all students. Preparation for the school concert continues and for our grade six students the state wide orientation day to secondary college is ahead of them, as well as their 'Big Day Out' and graduation night. A whole school activity program will be commencing on Monday, December 12<sup>th</sup> and continue through to the Monday the 19<sup>th</sup>. Each day students will participate in a range of activities that they will be able to personally select. In addition to wrapping up the 2022 school year a great deal of work is being undertaken in preparation for the 2023 school year.

#### **School Concert**

Please note that at this point in time we are planning to conduct three performances only of our end of year production. Parents and care givers can indicate their preference for the time slot they prefer by filling in the form that went home early this week. The selection form was also sent out via Classroom Dojo. To ensure we can accommodate everyone who wishes to attend these performances, I wish to request that those parents and family members who can attend one of the matinees, opt to do so. By doing this it enables a good spread of people attending each performance.

In closing please note: Parents and care givers who attend the matinee performances will still need to drop their children off at school at 6.40pm for the evening performance on Wednesday Dec 14th. They can collect them at 8pm approximately.

# From the Principal Cont'd...

#### **School Bus Management System (SBMS)**

I have been advised that the SBMS has been updated for 2023 travel offers and they are now live and ready to be accepted by families. This applies to current bus users. New applications from families are now being accepted for 2023. If you have any questions re our school bus and the 'Application to Travel' process, please contact Russell Jeffrey.

#### **Bus Travel Pass For Grade Six Students**

In order for our grade six students to travel by bus to and from Crusoe College on the 13<sup>th</sup> of December, an 'Adhoc Travel Form' must be completed and returned to Mr Jeffrey by Monday, 5<sup>th</sup> December. This form will then be endorsed by Mr J and submitted to the regional bus coordinator for final approval. Forms have been sent home today.

#### Library Books

A reminder to students and families that all library books need to be returned to school as soon as possible.

#### **Congratulations**

A proud moment for past student Darcy C and his family as he graduated grade six and moves on to secondary school at Kaliana.

Well done Darcy and our best wishes for your future as a senior student.



# **Grade Prep**

This week we were all soooooo excited about the colour run and WOW what fun we had!! In writing we learnt how to write a letter and wrote letters to our big buddy and also to Santa. In smart spelling we learnt about split digraphs and how the letter 'e' makes the vowel say its name and our focus work was tape. In Mathematics we revised 2D and 3D shapes, as well as addition. Next week we will start winding down and start to begin some Christmas activities. We will also begin to send home students work books and treasures that they have made this year. We ask that you return any library or reader books by the end of next week so we can sort them out ready for next year. Thanks for another wonderful week.

#### Mrs Cook, Jess & Kate







# Grades One/Two











Miss O, Ms Whatley, Mr Stacey, Mrs White & Christine

# **Grades Three/Four**

Wow we've had a busy two weeks in grade 3/4!

Last week on Wednesday, we set off to Camp Kookaburra, Corop for the much-anticipated grade 3/4 Camp! There was a mix of nerves and excitement with many students having not been on camp before. We had a blast, enjoying lots of different activities. We did some canoeing, low ropes, archery, bush cooking, orienteering, rafting, rock climbing and initiative games. There was also a gaga ball pit, volleyball court, tennis court and basketball court for us to enjoy in our free time. It was fantastic to see everyone having a go and enjoying themselves across the three days.

After a much-needed rest over the weekend, we have come back to school ready to continue our learning. This week we have started making our own board games in maths, a class game of Trivial Pursuit! This has been a great test of our knowledge and understanding from across the whole year.

Our passion projects are coming to an end, with students working on the main idea of their project. This week has seen multiple stalls raising money, a community library set up and some students looking to finish up their bird boxes and put them in trees in the coming days. Our students have worked very hard, and we can't wait to see the final products.

Mr Johnstone, Mrs Maher, Chelsie, Fraser and Rose









# **Grades Five/Six**

#### Camp was amazing!! And it feels like it was ages ago.

Forty eager kids and equally excited teachers lined up and waved goodbye to parents on a Tuesday morning looking forward to a week of fun.

Students were sensational and pushed themselves physically and mentally outside of their comfort zone. My favourite part of camp is observing students get behind their peers and support them through the daunting tasks of leaning horizontally over a rock face and climbing up 15 metres to walk across a zip line.

Highlights included canoeing on Lake Bellfield, high ropes and the leap of faith, and abseiling down a rock face.

Students enjoyed bunking in cabins with their friends, hiking through the Grampians and exploring Halls Gap.

Special mention to Seb, Harry, Nash and Seth for volunteering their time on numerous occasions to assist with dish duties. I will happily take them home anytime.

School captains Ash and Will represented the school well and thanked Hayden on behalf of the school.

Also, we have a file full of photos from camp if any family wishes to bring in a USB and we can copy them over.

#### Last week was a semi-normal week.

In reading we began looking into fables and the moral behind a story, for example; 'what goes around comes around' and 'every cloud has it's silver lining.'

In writing, we were writing recounts of our time on camp, with focus on adding detail, sentence structure and paragraphs.

In math, we delved into fractions, decimals and percentages, and the skill of converting a fraction into a percentage.

#### Now this week and the end of year busyness has arrived.

Students began working towards a math board game where they will put all the knowledge on a given topic into a board game to share with their peers.

School captain and house captain expressions of interest have been circulated and I know some students have been diligently working towards their applications at home.

2023 Crusoe students attended a scavenger hunt at Crusoe to gain a better awareness of their surroundings and meet some of their new peers.

Concert rehearsals have moved up another level as students work hard to memorise their lines and the song lyrics.

The Colour Run was on Wednesday and it was another sensational event. Well done to the parents involved in coordinating the event and great effort to all the students who ran, climbed, crawled and dodged their way through the obstacle course whilst getting sprayed with coloured powder.

Friday is Milo Cricket T20 Blast at Malone Park. Teams are picked, students have had a little time to practise and we are excited to go over to hit some sixes. Please remember heaps of food, a cold drink bottle and a hat.

Also, as there is nearly something on for the remaining thirteen days of school, I have drafted up a calendar with additional information to help you navigate the remaining school days.

#### Grade Five/Six Cont'd...

Kobi's letter to the Mayor of Bendigo asking for a skate park to be built in Marong as part of his passion project in Integrated Studies.

Kobi Mensforth c/o Marong Primary School 2 Leslie St, Marong, Vic, 3551

Re; Skatepark in Marong.

Dear Mayor Andrea Metcalf,

There are currently 5,397 people living in Marong, with a big proportion of them being kids.

I attend Marong Primary School in grade five. The school is quickly expanding with enrolments expected to be around 200 students by 2023.

For me being a kid living in Marong, when me and my friends go out to scoot, there's no ramps or anything to ride on. And it's not really that fun because when people go out to Malone Park, there is only limited things to do as it is a footy oval and netball courts.

People that want to improve in scooting have to go to Eaglehawk for one of the nearest skateparks. And you can't ride to it, you have to convince your parents to drive you there and you're not even there for that long because Mum has to make dinner.

Another reason of why I think it's really important for a skatepark to be built in Marong is to help children get off devices, promote being outside active, help with weight loss and limit obesity.

To assist with my request of building a skate park in Marong I've gotten all of the signatures from my school that also agree that a skatepark should be built in Marong.

I look forward to hearing back from you.

Kind regards,

Kobi Mensforth













# **Outside School Hours Care**

I have had a few parents who didn't attend the info night at the beginning of our changeover inquire about not receiving statements. So I thought I would re-share this information.

Statements are no longer emailed by me each Monday morning. Instead you can now access them on your Xplor app. All payments made require Loretta to process them hence there may be a slight delay in the payments shown on your statement. Russell is in the process of setting up direct debit.



On the topic of Xplor, a friendly reminder that all parents need to be set up with Xplor. Any persons collecting your child on a regular basis, or from time to time, will also need to be set up on Xplor by the primary parent. This can be done in your Xplor app, OSHC cannot do this. Please aim to have this done by the end of the year so we are all ready for term one.

If you have any questions regarding Xplor, please speak with me directly via class DoJo or by calling the school. You can also email me at <a href="mailto:chesses-nickson@education.vic.gov.au">chesses-nickson@education.vic.gov.au</a>



MANGOES!
MANGOES!
MANGOES!

Delivery date is confirmed for next Wednesday, 7th of December. Collection from the PAC between 3-4pm.



# Wellbeing



#### Helping children learn to self-regulate their emotions

The following articles have been obtained from Raising Children; who's focus is providing free, reliable, up-to-date and independent information to help families grow and thrive together. They are funded by the Australian Federal Government.

https://raisingchildren.net.au/toddlers/behaviour/understanding-behaviour/self-regulation

## Part 6 of helping children learn to self-regulate their emotions

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#### Negotiating with teenagers: benefits

When you negotiate well with pre-teens and teenagers, it helps them learn how to:

think through what they want and need

communicate their wants and needs in a reasonable way

understand other perspectives

compromise

make good decisions.

Negotiating is also good for you and your relationship with your child. That's because negotiating is about communicating well, working together and **finding solutions you can both accept**.

#### Preparing for successful negotiations with pre-teens and teenagers

Sometimes you might **know that a negotiation is coming**. For example, your child might have been talking about a party their friends are going to. In this situation, you have time to get ready. You can think about what's important to you and what you can be flexible about. You could discuss the issue with your partner or a friend, or write down what you want to say.

But sometimes you might **not be ready for the negotiation**, or you might need time to think about what you will and won't compromise on. For example, your child might say, I want to go to the movies on Saturday night'. Or if your child is older or more assertive, your child might say, I'm going to the movies tonight'.

If this happens and you don't feel ready to negotiate, it's OK to set a time to talk later. But make sure it's soon. This will help your child trust that you'll keep your word. It also tells your child that coming to a compromise is important to you. If it's an issue that needs another parent's input, set aside a time that allows you all to discuss the situation together.

# Wellbeing Cont'd...

# Negotiation techniques to use with pre-teens and teenagers

Successful negotiating with teenagers has a lot to do with the negotiation techniques you use. Here are some negotiation techniques to use with your child.

#### Listening and talking during negotiations

- Use a calm, warm and firm voice to set the tone. The idea is to avoid getting into a conflict with your child. For example, you could say, 'Let's talk about this'.
- Actively listen to your child's views first without interrupting. For example, 'So you're saying that you really want to dye your hair pink for the dress-up party, even though it will stay that colour for a long time. You also know that it might wreck your hair a bit'.
- Express your views, and ask your child to tell you more about theirs. For example, 'I want you to have fun and see your friends, but I also need to know you'll be safe. So tell me more about the bike ride. What can we agree on to make sure you're safe?'
- Take a break if things get tense or you can't reach a compromise. For example, 'I need some time out, so let's work this out after dinner', or 'We don't seem to be getting anywhere. Let's both go away and think about this before we talk again'.

#### Reaching decisions you can both accept

- Be clear about what is and isn't negotiable. Understanding your child's personality and maturity will help you decide on this. The level of trust you have in your child based on past events is also important. For example, 'I don't want you to travel home from the cinema on your own. How about I pick you up?'
- Think of a range of options. For example, 'I don't want you to paint your room black because it makes the house feel too dark. Is there another colour you'd be happy with, or could you paint just one wall? What are your other ideas?'
- Be firm about your non-negotiables. For example, 'It doesn't matter what other people are doing. I'll pick you up after the movie finishes'.
- Show that you're willing to compromise and that you want to agree on something that you can both accept. For example, 'I know you want to check social media, but you also need to finish your homework and get enough sleep. How much social media time do you think is OK after you allow time for homework and sleep?'

#### When you've reached a decision: next steps

- Clearly state the decision that you and your child have agreed on. For example, 'OK. You can go to the party with your friends. I'll pick you up at 11 pm'. Your child might be unhappy with the decision. Give your child time to accept it without trying to convince them of its benefits.
- Discuss and agree on the consequences if the agreement is broken. For example, 'We've agreed that you can paint one wall in your room black. We've also agreed that if you paint any more than that, you'll have to buy the white paint yourself and paint the walls white again. OK?'
- End on a positive note even if the negotiation wasn't perfect. For example, 'Thanks for talking that through with me. I appreciate that we were able to work things out in the end. It shows me that you're a mature person'.
- Notice when your child sticks to the agreement and praise them. For example, 'Thank you for making sure you were home by 11 pm. I appreciate the fact that you stuck to our agreement. I'll feel comfortable the next time you want to go out'.

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#### Prep - Billy G

Billy has been working hard to improve his resilience this term and we are so proud of the way he arrives on time and ready to learn each morning. Billy is contributing to class discussions more often and demonstrated some super dance moves during our Wednesday afternoon dance session in the PAC. We love watching your confidence grow Billy, keep it up!

#### Grade One/Two Stacey - Varli H

Varli has been finishing off projects with a high quality finish. She should be very proud of how she is finishing off this year.

#### Grade One/Two Whatley/White - Adeara S

Adeara takes on feedback from her teachers with a smile on her face to improve her work. Adeara is also an extremely kind student who always says hello and gets along with peers. Your kindness is contagious Adeara – keep spreading it around the school like confetti!

#### Grade One/Two O'D - Braxton M

Braxton has had his brain turned on to the highest level this week.

Something has totally changed as he has taken his already incredible work ethic up a notch and is producing insane pieces. Braxton, I'm loving that when everyone else is winding down, you are winding up. Keep this up super star!

#### Grade Three/Four M - Kobei B

Kobei is working extremely hard to finish this year strong! He was a superstar on camp, giving all the activities a go and embracing the camp life. Back in the classroom, he hasn't stopped. Kobei is full steam ahead on his passion project and working well with his partner on their maths board game. Keep up the fantastic work Kobei.

#### Grade Three/Four J - Darcie C

Darcie has had an excellent term and continues to keep working hard as her projects near finishing. Darcie has done an excellent job on her passion project and has shown initiative and creativity when coming up with her 'clean up Marong' activity. Keep up the good work Darcie!

#### Grade Five/Six R - Kobie W

Kobie demonstrates our school values consistently each week. Kobie has been working hard in the classroom, being helpful and producing some great work along the way. Well done Kobie.

#### Grade Five/Six G/W - Nattai C

Nattai has been working up to this award all term. He is being the best possible version of himself in the classroom, where he is demonstrating that he is very settled, applying himself to all tasks, listening well and responding with great thought and confidence. Nattai is demonstrating 'respect, responsibility and honesty' on a daily basis and is proving to be a very good leader. This was also evident on school camp last week where he was respectful to all teachers and staff, respectful



**DEC 3rd 4.30pm** 

Games & Food Trucks, Carols from 6pm