

Marong Primary School Newsletter

Volume 28 Issue 34, 3rd November, 2023

	November		December
7th	Melbourne Cup	1st	Blast Cricket Competition, Malone Park
12th	Grade 6 Transition Day	20th	Last Day of School– 1:30 Dismissal
13th/14th	Billabong Ranch Camp– Grade 2		
21st/28th	Prep Transition Program		
20th	MIMI-O-RAMA Performance		

RESPECT RESPONSIBILITY HONESTY

From the Principal

Dear Parents and Care Givers,

Victorian Government's Little Anglers Initiative

At the 2022 State election, the Victorian Government committed to providing Little Angler Kits to some students via schools. Grade 5 students have been selected to receive the kits based on the Victorian Curriculum area of focus, movement and motor development and safety considerations. The kits include a fishing rod, reel with line, tackle box with some hooks, sinkers, swivels and a lure, as well as a Kids Guide to Fishing – all FREE!

Frequently asked questions for parents have been sent out via Classroom Dojo. A paper copy of this document can be accessed from our office if required.

MIME-O-RAMA

Dear Parents and guardians, Please see the information below re a forth coming performance to be held in our PAC on Monday November 20th. The cost per student is \$6.00

Mime-O-Rama is a world class theatrical experience designed to broaden the mind and show that language is only one form of communication.

While Dennis Clare (presenter) often speaks throughout the show, his loveable characters are mainly mute and their world is a world of imagination where the unexpected is the norm. This is a world in which giant, but incredibly mobile slinkies are inhabited by silent, yet sociable characters. The intentions, wants and moods of these gregarious creations are totally understood by the audience and thus their intriguing stories are told. Single eyes, some huge, others small, appear and make their opinions known with nothing more than a tilt, sudden move or a long, still stare.

Curriculum Day

Parents and guardians are advised that School Council has approved Friday December 8th to be a Curriculum Day and consequently students are not required to attend school on that day. Staff will be involved in planning processes for the 2024 school year.

Russell Jeffrey

Grade Prep/One

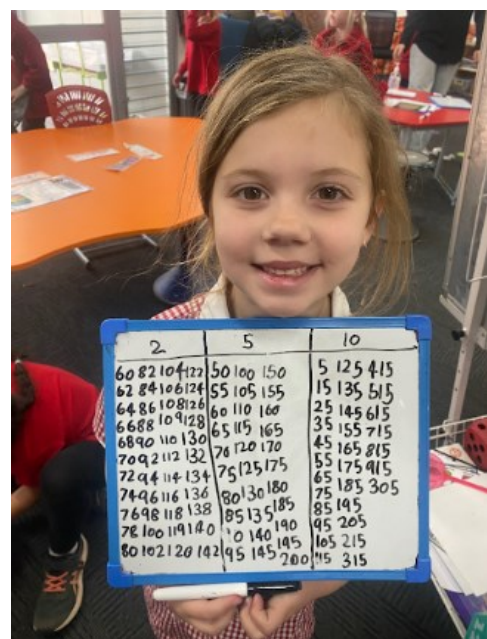
Well, that's the end of week five. This first part of this term is flying, and it will be Christmas before we know it!

Week five has consisted of more revision and testing to get us ready for winding up the year!

Students have been powering through their reading assessments and we haven't stopped smiling with the results that are consistently coming through.

This week's math has been looking back over measurement. Estimating the length, weight and capacity of objects whilst recording results. Writing has kept us on our water journey, and we have loved learning some songs about the importance of the resource. We look forward to next week, have a wonderful weekend.

Moyra O'Donoghue, Kate Maddern, Emma Cook and Jess Taylor



Grade 2/3!

It's been a short but busy week for the Grade 2/3s this week. We have been focusing on enhancing our reading skills through some readers theatres. Students have been working with a group to present a script, practicing expression, tone and good pacing when we speak.

We have switched to a new writing focus this week, moving on to autobiographies. We have learnt about what they

are, how they are different to biographies and begun writing our own. It has been great learning all about each others interests, achievements and hopes and dreams for the future. Maths has been all about angles this week! A new concept, we have learnt all about right angles, acute angles and obtuse angles. We got to make some crazy right angle monsters which were a great help when we went exploring for angles in our environment.

Next week is our excursion to the Discovery Centre! We have learnt lots about space the last few weeks and are all looking forward to seeing what else we can learn in the Planetarium. Keep an eye on ClassDojo for details.

Mr Fry, Mrs Maher and Mr Stacey.



Grade 4/5/6!

A short but quick week this week in grade 4/5/6!

In reading this week we continued working on synthesising, using our prior knowledge and new information to deepen our understanding of non-fiction texts. In writing, we started to look at the purpose of writing a letter. We discussed the many different reasons for writing a letter and brainstormed ideas for a letter to a politician.

In math we looked at a new topic, time. Students discussed the importance of time and how we use it in our everyday lives. We will continue on with time next week.

In integrated we learnt about different types of landforms. Students have been working hard to create their own landform diorama. There have been some really awesome creations made and we can't wait to see them when they are complete.

We hope you have a great weekend!

Grade 4/5/6 team





Prep/One Maddern

Shifirah T- Shifirah has shown our school value of responsibility this week. She has taken responsibility for her learning and has been focused and working hard on all independent tasks. Well done, Shifirah, keep up the great work!

Prep/One O

Phoebe R – Phoebe could be student of the week every week of the year! She is such an asset to the classroom, and I love her attitude towards school and learning. Phoebe is a leader and is a person that the other students consistently look to for an example of high-quality work. I am proud to have her in my class and am happy to celebrate her!

Prep/One Mrs Cook & Jess

Gracie O- Gracie O arrives each day with a beaming smile brightening everyone's day! She listens carefully to instructions and makes wonderful contributions to our class discussions. She works incredibly hard in class demonstrating fantastic independence and persistence. Super work Gracie!

2/3 Fry

Fergus F- Fergus' manners and school values that he displays every day cannot be faulted. He consistently demonstrates respect for himself and others and is a quiet achiever. Fergus did a wonderful job of identifying various angles and successfully labelled these. He also displayed great hockey skills at Malone Park and was a main scorer. Congratulations Fergus, keep up the great work!

2/3 Stacey

Harper B- Harper has been fantastic this week. In Mr Stacey's absence she has been a great helper for the different teachers in the room, worked well on given tasks and taken care with accuracy and neatness in presenting her work. Keep it up Harper!

2/3 Maher

Milli H- Millie is a regular superstar in our classroom. This week she showed great attention to detail with her project on Venus and added lots of information about herself in her autobiography. Amazing work Millie!

4/5/6 Johnstone

Tori H- For displaying our school value of 'Responsibility'. Tori has worked hard this week in all tasks. She completed a fantastic narrative this week displaying her knowledge of figurative language to enhance her writing. Well done Torza, keep up the great work.

4/5/6 Riordan

Milla L- Milla continues to be a leader in our classroom. She always displays our school values and challenges herself to improve in all aspects of her learning. Milla has shown some outstanding growth in mathematics lately, particularly in her application of number and algebra skills. She has demonstrated an understanding of secondary level concepts and should be very proud. Keep up the incredible work, Milla.

4/5/6 Thorn & Williams

Xiaver W- Xiaver has had an awesome week this week. Xiaver produced an impressive narrative about digging the worlds deepest hole and has worked really hard to complete his work with Jai. Well Done Xiav! Keep it up!

Wellbeing |

How to encourage good behaviour in pre-teens and teenagers

(The following article can be found at www.raisingchildren.net.au)

Good behaviour in pre-teens and teenagers starts with positive communication and warm relationships. This lays the foundation for guiding your child's behaviour in a positive way.



Here are some practical tips for putting this positive approach into action.

1. Take time to actively listen

Actively listening means paying close attention to what your child is saying, both with their words and their body language. This lets you tune in to your child's thoughts and feelings. And it shows your child that you care and are interested in them.

2. Set clear rules about behaviour

Family rules set clear expectations about behaviour. If you can, involve all family members in the discussions about rules. Try to keep the rules positive. For example, instead of saying 'Don't be disrespectful,' you could say, 'We treat each other with respect'.

3. Broken rules: follow up calmly, firmly and consistently

You can do this by using a brief and fair consequence that you and your child have agreed on in advance. It helps if you link the consequence to the broken rule – for example, 'Because you didn't come home at the agreed time, you'll need to stay home this weekend'. This also helps you communicate your expectations about future behaviour.

You can read more about setting boundaries and using consequences in our article on discipline strategies for teenagers.

4. Encourage self-reflection

If you need to use a consequence, it's good to encourage your child to reflect on what they could do to stop the problem coming up again. For example, you could say

something like, 'Jem, I get worried when you stay out late without telling me what you're doing. Next time, I'll pick you up at 10 pm. What could you do differently next time so you don't get a consequence?' Follow up by asking your child what a fair consequence would be if it happens again.

5. Try to be a positive role model

Children – even teenagers – do as you do, so being a role model for your child is a powerful and positive way to guide your child's behaviour. For example, when your child sees you following the family rules yourself, they get a powerful example.

6. Choose your battles

Before you get into conflict over your child's behaviour, ask yourself, 'Does this really matter?' and 'Is this really worth fighting about?' Less negative feedback means fewer opportunities for conflict and bad feelings.

7. Take your child seriously

Your child is an individual and needs to know that they're valued, accepted and respected for who they are. One way to do this is by taking your child's developing ideas and opinions seriously, even if you don't necessarily agree with them.

8. Give your child responsibility

Learning to handle responsibility is one of the biggest challenges of adolescence, and an important step towards becoming an adult. Giving your child responsibility in certain areas – like letting them choose their own clothes or hairstyle – can help increase autonomy and independence. It can also help you avoid battles over the little things.

9. Tackle problems in a positive way

Whether it's an argument with your child or a disagreement with your partner, using positive problem-solving skills helps to keep you calm. It also gives your child a great example to follow.

10. Praise your child

Descriptive praise and encouragement are powerful motivators. When you notice and comment on your child's responsible choices and positive behaviour, you encourage them to keep behaving that way. Just remember that teenagers often prefer you to praise them privately rather than in front of their friends.

11. Plan ahead for difficult conversations

When you need to have difficult conversations, it's a good idea to think ahead about what you'll say and how your child might feel. This can help you avoid conflict. Arranging a time and place where you can have some privacy also helps. For example, 'Izzy, I'd like to make a time to talk with you about some things that are happening around the house. We can talk about it over pizza on Saturday night. OK?'

12. Keep 'topping up' your relationship

It might help to think of your relationship with your child as a sort of bank account. Spending time together, having fun and giving help and support are 'deposits', but arguments, blaming and criticism are 'withdrawals'. The trick is to keep the account balanced – or even in the black.

13. Share your feelings

Telling your child honestly how their behaviour affects you can be good for your

relationship. 'I' statements can be a big help with this. For example, saying 'I really worry when you don't come home on time' will probably get a better response than 'You know you're supposed to ring me after school!'

14. Learn to live with mistakes

Everybody makes mistakes, and nobody's perfect. It's all about how you deal with mistakes – both your own and your child's – when they happen. Taking responsibility for mistakes is a good first step, and then working out what you can do to make things better might be your next move. Saying sorry to your child when you make a mistake helps to keep your relationship going well. And if you show self-compassion, it models self-compassion for your child too.

15. Look for ways to stay connected

You can stay connected with your child by spending special and enjoyable time together. The best moments can be casual and unplanned, like when your child decides to tell you about their day at school over the washing up. When these moments happen, try to stop what you're doing and give your child your full attention. This sends the message, 'You're important to me and I love you'.

16. Respect your child's need for privacy

Teenagers crave some privacy and a space of their own. Asking for your child's permission to enter their room and not going through their phone or belongings are ways to show respect for this need. Another way might be to think about what you really need to know, and what can be left as private between your child and their friends.

17. Encourage a sense of belonging

Family rituals can give your child a sense of stability and belonging at a time when many other things around them – and inside them – might be changing. Some families might choose to have Friday family pizza nights, pancakes for breakfast on Sundays, or particular traditions for celebrating birthdays.

18. Keep promises

When you follow through on promises, good or bad, your child learns to trust and respect you. Be clear and consistent, and promise only what you know you can deliver.

19. Have realistic expectations

Your child will probably slip up and break the rules sometimes. Teenagers and their brains are still under construction – they're still working out who they are. Testing boundaries is all part of the process, so it helps to be realistic about your child's behaviour.

20. Look for the funny side of things

Laughing or making jokes can help diffuse tension and possible conflict, and stop you and your child taking things too personally. You can also sometimes use a joke or a laugh to kick off a difficult conversation.

A reminder that myself and or Ms White are available to provide confidential advice and access to support for you and your child. Please don't hesitate to contact the school to discuss how we might be able to best help you.

Marc Cowan

Chaplain & Student Wellbeing Officer

Smile Squad is coming to Marong Primary School.

The Smile Squad team from Bendigo Health are coming to our school in Term 4 (planned for the week beginning 20th November)

Smile Squad is the Victorian Government free school dental program.

This means all students can get a free dental check-up, preventive services, and treatment at school.

How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic>

OR use the below QR code:



Paper copies of the consent form are available. Please contact the school office if you would like to request one.

The electronic consent form can be translated into more than 100 languages, and the paper form is available in 13 languages.

Smile Squad dental packs

All children deserve a healthy smile, and the Smile Squad free school dental program is working hard to help make sure this happens.

Your child(ren) will soon receive a free dental pack to bring home. The dental pack contains a toothbrush, full sized toothpaste, and an oral health brochure. Please take the time to read the brochure. It's full of helpful hints and tips to help your whole family eat well, drink well and clean well – for life.

Smile Squad provides standard strength fluoride toothpaste that is generally used by ages six and over, unless recommended by a dental or trained health professional.

If your child is under six, please talk to a dental or trained health professional to find out if your child might benefit from using this toothpaste. You can also choose to put the toothpaste away until they turn six or give it to someone else in your family to use.

Do I need to attend my child's appointment?

No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The Bendigo Health Smile Squad team look forward to seeing you soon.



Marong Community Event

Thursday 9th November
6:00pm

Snake Safe Victoria

*Talking about living/working in
Snake's Habitat & about Snake Safety.*

*Meet & Greet the Extraordinary
Creatures in attendance.*



Pizza Van will be in attendance
for the whole community to enjoy.

Marong Neighbourhood

House Car Park

Enquires 5435 2486



IMAGINE THE FUN



Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Marong Cricket Club

Starts on Thursday October 26, 4:00pm - 5:15pm
For ages 5-9yrs

Sign up via the QR code (right) or Marong CC Play HQ



SIGN UP TODAY!

 **Play Cricket**

**PROUDLY
PRESENTED BY**



JUNIOR PATHWAY



From Woolworths Cricket Blast through the Junior Cricket stage, all kids can advance their skills and discover how awesome it is to be part of a team through fun game-based activities. The stages have been developed based on academic research, testing and community feedback.

This includes consideration for physical, mental and emotional development.

Participation and progression through the stage is based on ability level, therefore the ages are indicative only. Players are encouraged to participate at a stage appropriate for them.

	<ul style="list-style-type: none">SKILLS BASED FIRST CRICKET EXPERIENCELEARN THE SKILLS THROUGH FUN, MODIFIED GAMESPREPARE KIDS FOR JUNIOR CRICKET	<ul style="list-style-type: none">DURATION 60-90MINS	<p>LEARN THE SKILLS THROUGH GAMES</p> <p>UP TO 10 YEARS</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 1	<ul style="list-style-type: none">7 PLAYERS18M PITCH20 OVERS	<ul style="list-style-type: none">40M BOUNDARYDURATION 2HRS	<p>LEARN THROUGH PLAY</p> <p>UNDER 11</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 2	<ul style="list-style-type: none">9 PLAYERS18M PITCH30/20 OVERS	<ul style="list-style-type: none">45M BOUNDARYDURATION 2-3HRS	<p>PLAYING THE GAME</p> <p>UNDER 13</p> <p><i>Age is indicative only</i></p>
JUNIOR CRICKET 3	<ul style="list-style-type: none">11 PLAYERS20.1M PITCH20/40 OVERS	<ul style="list-style-type: none">50M BOUNDARYDURATION 2.5-4HRS	<p>PLAYING AND COMPETING</p> <p>UNDER 14-19</p> <p><i>Age is indicative only</i></p>



[Play Cricket](#)

PROUDLY
PRESENTED BY



PLAY FOR KICKS

Superkick is next level fun for 8 to 12 year olds who are new to footy, or want to continue to grow their skill levels.

EPSOM HUNTLY REC RESERVE

TUESDAYS 4:15PM FOR 5 WEEKS

COMMENCING 17TH OCTOBER



PLAY

Superkick



mckern steelTM foundation

Benefitting the health and wellbeing of our Bendigo school children

School visits coming
in TERM 4

Proudly funded by:



@mckernsteelfoundation





JOIN THE FUN!

NAB AFL AUSKICK IN TERM 4!

Epsom Huntly Recreation Reserve

Tuesday's 4:15pm - 5:15pm for 4 weeks

Commencing 17th October

The perfect introduction to Auskick!

**REGISTER
NOW**





@MARONG TENNIS CLUB

HOLIDAY PROGRAM

**TUESDAY 26th SEP
9.00AM-12.00PM**



3HR SESSION - COST: \$44

PLEASE BRING A RACQUET, DRINK BOTTLE, FOOD & HAT.
* PROGRAM SUITABLE FOR HOTSHOTS STUDENTS (5-12YRS)
& YELLOW BALL (B-GRADE SUMMER COMP LEVEL)

MALONE PARK COURTS, MARONG

Tennis fun for Juniors of all standards!

TERM 4 - 2023

**8 WEEK JUNIOR COACHING PROGRAM
SATURDAY MORNINGS, FROM 9.00AM
STARTING 7TH OCTOBER
RED BALL: \$15/60MIN LESSON
ALL OTHERS: \$18/60MIN LESSON**



REGISTER
ONLINE:

gianttennis.com.au

