

Marong Primary School Newsletter

Volume 28 Issue 39, 8th December, 2023

	December		December
4th-11th	Activities Week	18th	Grade 6 Graduation
8th	Curriculum Day	19th	School Concert- 7pm
11th	Grade 6 Big Day Out	20th	Last Day of Term- 1:30 Dismissal
12th	State Wide Transition		
13th	House Swimming Sports		
14th	Marong's Got Talent		
15th	Champions House Event		
18th	School Concert- 1:30		

RESPECT RESPONSIBILITY HONESTY

From the Principal

Dear Parents and Care Givers,

Rosemary Stewart Commemoration

It is difficult to believe that it is almost one year since Rose Stewart, a much loved parent, staff member and friend of many tragically passed away. Such are our vivid memories of this very special person that it seems like yesterday that Rose was busily moving around the school assisting staff and supporting students with their learning. Rose had a big impact on all who met her, her sense of humour, love of sport and dedication to our school and her family was remarkable. In recognition of Rose's contribution to our school I wish to invite parents to join our staff and students as we unveil a special tribute in Rose's honour. On the morning of Friday December 15th we will be joined by Rose's family as we unveil a tribute dedicated to her memory. This brief but important ceremony will commence at 9. 10am on the day. Please feel free to join us on the day.

Grade 6 Upcoming Events

Orientation Day: Parents of grade Six students are advised that the Statewide Orientation Day to secondary college will take place on Tuesday the 12th of December. Details re this event will be sent in the near future.

Graduation: We will be conducting our annual Graduation presentations for Grade Six students on Monday the 18th of December. The grade Six teachers will advise parents of the arrangements for this special night shortly.

Concert Tickets

A reminder to all families that you need to book seats for one of our two performances. There is a matinee performance on Monday 18th of December and an evening performance on Tuesday December 19th. Bookings through our office. There is no charge for this event.

Russell Jeffrey

STAFF PROFILES

How long have you worked at MPS?

2 Terms

What's your favourite thing about MPS

All the amazing kids I get to work with

Favourite movie or TV show?

The Simpsons

Favourite food?

Chocolate!

What AFL team do you support?

West Coast Eagles

Something people might not know about you?

I can juggle!!



JOBE THOMPSON

STAFF PROFILE

How long have you worked at MPS?

Since the start of this term.

What is your favourite thing about MPS?

All the friendly people in the school!

Favourite TV show or movie?

Big Bang Theory

Favourite food?

Chicken Snitty!

What AFL team do you support?

The Cats!

What is something people might not know about you?

I use to barrack for North Melbourne

JAI GRETGRIX

Grade 2/3!

Grade 2/3 are to be commended on their efforts and enthusiasm towards activity week. Many trying out something new and challenging as well as mingling with classmates they wouldn't usually play with during lunch and recess. Taking part in school walks, STEM, P.E. games, art, Kahoot and Christmas craft are just some of the fun activities the students took part in. We also have been busily practising our concert performance and can't wait to put on a show for you all. A reminder that swimming permission notes are found on our Dojo portal and are to be returned before Tuesday.

Grade 4/5/6!

What a great week our Activities Week has been! Students loved the huge variety of activities on offer at school. Here are some comments from our students,

'I liked going on the town walk with Mr Riordan and Mr Fry. I also liked doing the garden beds' – Campbell

'The best activity was making the garden beds. It was truly an amazing activity' – Tadhg

'I enjoyed doing Just Dance with my friends and watching a bit of a movie afterwards. It was a lot of fun' – Lana

'The activities that were organised made it a really enjoyable week and trying new things' – Kodi

Next week we look forward to another busy week;

Monday – Grade 6 Big Day Out

Tuesday – Step up Program where students will meet their new grades and teacher for 2024. Our current year 6 students will spend the day at their respective high schools for next year.

Wednesday – Marong Primary School Swimming Sports – Brennan Park Pool, Flora Hill.

Thursday – Marong's Got Talent

Friday - Champion House Activity Event and Whole School Concert Practice.

A reminder to parents to please send in any grade 6 photos for Graduation if you have not done so already.

A busy week at school next week

Mr Riordan, Mr Johnstone, Ms Williams and Ms Thorn



STAFF PROFILE

How long have you worked at MPS?

1 and a half years!

What is your favourite thing about MPS?

All the kind teachers and kids!

Favourite Movie or TV show?

One Tree Hill

Favourite food?

Pasta



What AFL team do you support?

The Tiges!

What is something people may not know about you?

I went to school with Ella and Macey who also work here!

JAS GALLAGHER



Please note that there are no students of the week this week.

Prep/One Maddern

Prep/One O

Prep/One Mrs Cook & Jess

2/3 Fry

2/3 Stacey

2/3 Maher

4/5/6 Johnstone

4/5/6 Riordan

4/5/6 Thorn & Williams

Marong Primary School Vacation Care Program

Monday 1 st of January	Tuesday 2 nd of January	Wednesday 3 rd of January	Thursday 4 th of January	Friday 5 th of January
Public Holiday Service closed	Pyjama and movie day Roll out of bed and straight into PJ and Movie Day.	Excursion -Walk Malone Park Enjoy some group games on the oval. You may bring some equipment from home.	Chill out day Explore all the fun things to do in the Beehive. Enjoy some time on the computers and iPads.	Excursion -Bus Crook street playground Explore the playground and bush area of Crook Street.

Monday 8 th of January	Tuesday 9 th of January	Wednesday 10 th of January	Thursday 11 th of January	Friday 12 th of January
Water splash day Bring your bathers and a towel for the ultimate water fight!	Talent show Transform the PAC into the Australia's Got Talent stadium.	Minute to win it Can you complete the challenge in only 60 seconds?	Excursion -Walk Malone Park Bring your bike or scooter to ride to Malone Park for a play.	Prima and Picasso Participate in a guided drawing activity while sipping on Juice boxes.

Monday 15 th of January	Tuesday 16 th of January	Wednesday 17 th of January	Thursday 18 th of January	Friday 19 th of January
Excursion -Walk Malone Park Enjoy some group games on the oval.	Tye Dye Bring in a white shirt or some white socks and go home with a unique piece of clothing.	Messy play day Wear your old clothes and engaged your senses in a range of messy but fun activities.	Disco Party Shine up your shoes and show of our dance moves.	Gymnastics day Transform the PAC into a gymnasium and learn some new skills.

Monday 22 nd of January	Tuesday 23 rd of January	Wednesday 24 th of January	Thursday 25 th of January	Friday 26 th of January
Excursion -Bus Rosalind Park Explore Rosalind Park from hiding/finding decorated rocks to climbing the poppet head.	Excursion -Walk Malone Park Enjoy some time at the playground near Malone Park.	Dress up day Dress up as something that starts with the first letter of your name.	Back to school BBQ party Play some garden games then enjoy a sausage in bread for lunch!	Public Holiday Service closed.

Please note we are not providing all day care on the upcoming curriculum day on Friday the 8th of December.

We will however be providing care on the last day of term. After school care will run from 1:30-4:00 as per previous years. Please ensure you make arrangements to collect our child prior to 4:00

Vacation care will be running over January with our first day on January 2nd and our last day being the 25th of January. Bookings are currently open and will close on the 27th of November. Please collect a form from the Office or the OSHC room. Booking forms are also on our OSHC Dojo.

Chelsie and the OSHC team.

Wellbeing |

Why teaching children empathy is more important than ever



(The following article can be found at www.goodstart.org.au)

Empathy is the ability to put yourself in the shoes of someone else and understand what they are feeling or experiencing.

In the early years of life, young children are naturally ego-centric and are very much inclined to think mostly about themselves and their immediate needs. They're not yet ready to consider the needs and feelings of others.

But developing a sense of empathy is an important developmental process for young children, and one that can benefit them not only in childhood but well into adult life as well.

Why is developing empathy important for children?

Building an understanding of what others are feeling, how their own actions can impact on others, and why someone might be experiencing feelings at a particular time is a valuable life skill for children to possess.

Helping young children to develop a strong sense of empathy is beneficial because:

- It helps them to build a sense of security and stronger relationships with other children and educators, positioning them well for learning
- It encourages tolerance and acceptance of others
- It promotes good mental health
- It promotes social harmony and can reduce the likelihood of bullying

The benefits of empathetic thinking flow into adult life too. Empathetic adults may have:

- Greater success personally and professionally
- Higher levels of overall happiness
- A better ability to understand others, like customers or co-workers
- More success in leadership positions
- More satisfying relationships and be better at dealing with conflict
- Lower levels of stress

In a nutshell, developing empathy is a vital building block in a child's ability to **regulate their emotions** and is so valuable in being able to adapt and succeed in an ever-changing world.

How can we help children develop empathy?

Parents are children's first and most enduring teachers, and modelling empathetic behaviour is one of the best ways parents can teach their child this valuable skill.

Other simple ways empathy can be developed include:

- Helping your child to **name their feelings**, as understanding their own feelings is an important first step in understanding the feelings of others
- Talking to your child about how other people may be feeling, and why. This helps to build their emotional language and think about other people's perspectives.
- **Caring for animals** and plants, which helps children understand the role they play in helping another living thing survive, thrive and be happy.

Perhaps one of the simplest ways of all to help children develop a sense of empathy is by reading books together, as children learn to associate feelings and actions with their favourite characters and stories.

A reminder that myself and or Ms White are available to provide confidential advice and access to support for you and your child. Please don't hesitate to contact the school to discuss how we might be able to best help you.

Marc Cowan

Chaplain & Student Wellbeing Officer



Free Family Community Meals

Pop on into the Hilltop Café at The Salvation Army Bendigo and join us for a hot meal

Playground and Art Space available for the kids

Takeaway meals are available

12 pm – 1 pm Fridays

Hilltop Café

65-71 Mundy St, Bendigo Victoria



Contact Brannon on 0439 576 689 for more info

★ ELF ACADEMY ★

CLASS IN SESSION: 16-23 DECEMBER 2023






DO YOU KNOW WHAT IT REALLY TAKES TO BE ONE OF SANTA'S LITTLE HELPERS?

Central Deborah Gold Mine will transform into
a Christmas wonderland from 16-23 December.

Through a series of craft activities, games and challenges,
gain your Certificate IV in Elf Training and be elf-icially
inducted into Santa's renowned team!



BOOK YOUR TICKETS NOW!

5443 8322 | central-deborah.com |   



Smile Squad is coming to Marong Primary School.

The Smile Squad team from Bendigo Health are coming to our school in Term 4 (planned for the week beginning 20th November)

Smile Squad is the Victorian Government free school dental program.

This means all students can get a free dental check-up, preventive services, and treatment at school.

How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic>

OR use the below QR code:



Paper copies of the consent form are available. Please contact the school office if you would like to request one.

The electronic consent form can be translated into more than 100 languages, and the paper form is available in 13 languages.

Smile Squad dental packs

All children deserve a healthy smile, and the Smile Squad free school dental program is working hard to help make sure this happens.

Your child(ren) will soon receive a free dental pack to bring home. The dental pack contains a toothbrush, full sized toothpaste, and an oral health brochure. Please take the time to read the brochure. It's full of helpful hints and tips to help your whole family eat well, drink well and clean well – for life.

Smile Squad provides standard strength fluoride toothpaste that is generally used by ages six and over, unless recommended by a dental or trained health professional.

If your child is under six, please talk to a dental or trained health professional to find out if your child might benefit from using this toothpaste. You can also choose to put the toothpaste away until they turn six or give it to someone else in your family to use.

Do I need to attend my child's appointment?

No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The Bendigo Health Smile Squad team look forward to seeing you soon.



REMINDER: HAVE YOU REGISTERED?

NAB AFL Auskick is a community run program that relies on the honesty, involvement and support of all people involved. A key part of your participation at Auskick is to ensure you are registered on our registration platform.

It is important you are registered for the following reasons:

- 1** This ensures your Auskick Coordinator knows who you are and knows how many kids to plan for and equipment to provide at each session
- 2** Registrations have the following key benefits
 - a. Insurance for any injuries sustained during play
 - b. Awesome goodies in your AFL Club colours as well as the essentials such as a footy, pump and footy cards
 - c. The option to become a Junior Member at your favourite AFL Club completely free of charge and attend selected Toyota AFL Premiership Series AFL Games and NAB AFLW Games
 - d. Exclusive offers from AFL partners
- 3** Lastly your Auskick Centre receives equipment funding and other support based on each individual registration

Register via the QR code below
or visit play.afl/auskick





2024 POSITIONS AVAILABLE

JUNIOR NETBALL

Newbridge FNC will have playing positions available for the 2024 season

**Under 17
Under 15
Under 13
Minis**

For further info contact:-

Larni Cleeland

Netball Operations
0467 597 136

Mandy Dixon

NFNC Vice President
0427 856 764





EAGLEHAWK CHILDREN'S FESTIVAL

**FREE
ENTRY**

**FRIDAY
NOV 17, 2023**

**3PM
TO 6PM**

ANIMAL FARM ♥ THE ZONE ROCK CLIMBING WALL
LIVE ENTERTAINMENT ♥ ART AND CRAFT ♥ JUMPING CASTLE
AIRBRUSH TATTOOS ♥ SPORTING ACTIVITIES ♥ CIRCUS ACTIVITIES
TZR REPTILES AND WILDLIFE DISPLAY ♥ LUCKY DOOR PRIZES
FACE PAINTING ♥ FREE SWIMS AT PETER KRENZ LEISURE CENTRE
AUSLAN SESSIONS WITH THE DEAF HUB ♥ FREE GIVEAWAYS!
BENDIGO BBQ SAUSAGES, VEGGIE BURGERS AND
MULTICULTURAL FOOD- ALL AVAILABLE FOR A \$2 DONATION

**CANTERBURY PARK GARDENS
3 HIGH STREET, EAGLEHAWK**



For more information contact Eaglehawk Community House on 5446 8322



mckern steelTM foundation

Benefitting the health and wellbeing of our Bendigo school children

School visits coming
in TERM 4

Proudly funded by:



@mckernsteelfoundation

